
CHRONIC FATIGUE SYNDROME: A STUDY OF SOUTHWESTERN MONTANA HEALTH CARE PROVIDERS DIAGNOSIS CRITERIA AND THE TREATMENT PLAN

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This study is a way to qualitatively gauge the knowledge of Southwestern Montana Health Care Providers in regards to Chronic Fatigue Syndrome. CFS is “a debilitating and complex disorder characterized by profound fatigue that is not improved by bed rest and may be worsened by physical or mental activity” (CDC 2015). Additionally this study is used to better understand what diagnosis criteria is being used to determine and differentiate this difficult and controversial syndrome, and also the treatments which are being used to help in the healing process of patients suffering from CFS. This study will discuss the common practices in use in the Southwestern Montana region.