
RELATIONSHIP OF ATHLETIC INJURIES TO THE SPORT'S SEASON (POSTER)

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There are many factors that contribute to a college athlete's risk for injury. Previous studies have shown that life stress can be a predictor for injury. The current study investigated if academic stress plays a role in athletic injury rate. Data collected from the university athletic trainer between 2012 and 2015 on athletic injuries was analyzed. Results indicate that season start and end dates play a role in when injuries occur. No evidence was found for academic events such as mid-terms and finals influencing the rate of injury. These findings suggest that the rate of injury for a given sport may be classified as being predominantly early-season, predominantly late-season, or predominately mid-season. Further research is needed to determine the individual factors for each sport that may explain the changes in rate of injury.