

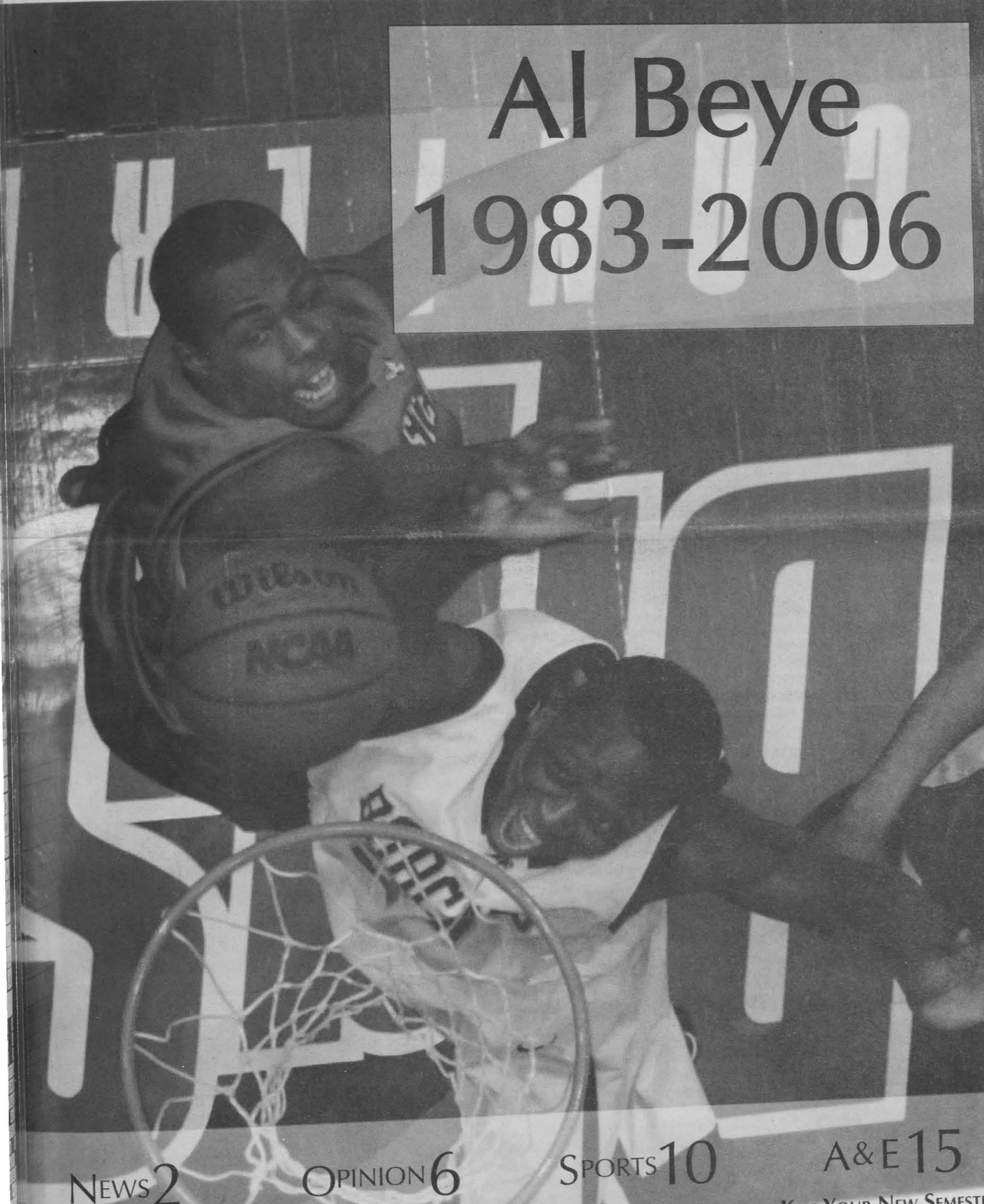
◆ASMSU◆

Exponent

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Thursday, January 18, 2007

Issue 14, Volume 101



Al Beye 1983-2006

NEWS 2

WHAT DID YOU DO FOR
CHRISTMAS BREAK?!

OPINION 6

JUSTICE.
BUT WHOSE?

SPORTS 10

AL BEYE
REMEMBERED

A&E 15

KEEP YOUR NEW SEMESTER
RESOLUTIONS

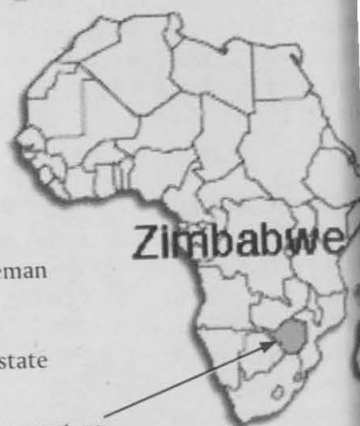
What did YOU do for Christmas break!

Research by Renee Dellinger and Chelsea Reeck; data analysis by Cheryl Knobel



Photo by Rachel Cudmore

A randomly selected group of MSU students were asked to out a survey about their lives from Dec. 15 to Jan. 18. The results were found to be the following.



33% stayed in Bozeman

50% went out of state

8% went out of country

92% Went to see parents

8% went to see friends

One guy went to the Cabela's headquarters

Best reason why they did what they did:

"[I went to the Cabela's headquarters to] further my knowledge and stay current with the future of outfitting and answer the question 'Is it "Like no other retail store on earth" Yes, it is!" -Quincy Kimbrell, Junior

Best job on break:

"Being lazy on my parent's couch" -Nicole Marquardt, Senior

38% mentioned alcohol in their survey

38% got a job ... 61% didn't

Top 5 Weirdest Christmas gifts:

- #1 ("Stuffed Chihuahua named Humphrey that humps whatever you strap it to while making loud doggy orgasm noises." -Shayna Gibson, Junior)
- #2 ("Can of stuffed oysters" -Bobby Goodman, Freshman)
- #3 ("A robotic puppy whose sole ability is snoring while it sleeps." -Karen Walsh, Senior)
- #4 ("A toothbrush" -Chelsea Reeck, Freshman)
- #5 ("A mini-bottle of Heinz 57 from my grandma. My grandparents have a cabin in the country and once as a little kid I refused to eat a Brat because we had no ketchup. We ended up driving 20 miles into town to get ketchup and every now and then my grandma wraps a bottle of ketchup for me." -Marquardt)



Humphrey the Hump Chihuahua

Worst favorite memory from break:

"Getting dumped? Lots of life lessons, anyway." -Hank Paillet (from Argentina), Freshman

Top three favorite memories from break:

- #1 ("Convincing my friend, who was house- and chihuahua-sitting, that an ax-murderer was going to kill her." -Walsh)
- #2 ("Sitting with my brother under a half-assed blanket fort early on Christmas morning, repeating the word 'Shenanigans' over and over." -Gibson)
- #3 ("Sneaking out of the house to see my boyfriend." -Renee Dellinger, Freshman)

Most Expensive gift recieved: "Plane ticket to Columbus, OH." -Jaffe Wilde, Freshman

Sweetest gift received: "My parents, my sister, and I going to the pound as a family - and picking out a dog." -Marquardt

Quotes of the break:

"The New Zealander pr at Mass saying he had announcements: 1. 'I am no hobbit.' (he was freakishly sh 2. 'Australia is a small island o New Zealand.'" -Rachel Her Senior (Again)

Police in search of suspect in shooting



CHERYL KNOBEL

NEWS EDITOR

At approximately 12:25 p.m. on Wednesday, Jan. 17, 2007, 911 dispatch received a call that a man had been shot at a residence on Gardner Park Drive in Bozeman. The Gallatin County Sheriff's Office shortly confirmed that there was a shooting.

The victim is a male and was transported to the Bozeman Deaconess Hospital. At press time,

no information was known or released about the victim's identity.

"Despite rumors, I have recieved information that he was not an MSU employee," Cathy Conover, director of MSU Communications and Public Affairs, said Wednesday night.

The suspect in the shooting is still at large and it is not known whether they are on foot or in a vehicle.

The Gallatin County Sheriff's Office is currently

looking for a person of interest in this case by the name of Christopher William Wagner. He is a 5' 9" male, approximately 33 and 165 pounds, with brown hair and brown eyes.

If you see this person or a person that matches this description, dial 911. Do not approach as he is considered armed and dangerous.

For further information, contact Sheriff Jim Cashell of the Gallatin County Sheriff's Office at (406) 582-3760.

Photo courtesy of Gallatin County Sheriff's Office



On Jan. 17, shooting occur in Bozeman the Sheriff's Office is currently looking for the man pictured, Christopher William Wagner, a person of interest in the case. If you see this person, dial 911. Do not approach as he is considered armed and dangerous.

CAMPUS CORNER

Lecture in honor of Martin Luther King, Jr.

Jan. 23, at 7:30 p.m. in the SUB Ballrooms, Dr. Robert Jensen will be giving a lecture titled, "The Skin I'm In: On Privilege in America." Dr. Jensen is a journalism professor at the University of Texas at Austin, and his lecture will address questions of race through a critique of white privilege and institutionalized racism. He will also be doing a signing of his book "The Heart of Whiteness: Confronting Race, Racism, and White Privilege," at the MSU bookstore from 3:00 to 6:00 p.m. on Jan. 23. The lecture is free and open to the public. For more information contact the Diversity Awareness Office at (406) 994-5801.

Olympic wrestler to give inspirational speech

Don Gardner, Olympic Gold and Bronze medalist in Greco-Roman wrestling, will give a speech titled "Never Give Up, Never Stop Trying: 7 Points to Success" at MSU in Strand Union Ballroom on Wednesday, Jan. 24 at 7:30 p.m., and afterwards he will be available to sign his book titled "Never Stop Pushing." This event is sponsored by the MT Local Technical Assistance Program, MSU, MSU Leadership Institute and MSU Athletics. The speech is free and open to the public, with doors opening at 6:45 p.m. For more information, contact the MSU Leadership Institute at 994-7275.

Information booth for summer international opportunities available

MSU's Office of International Programs will explain summer travel opportunities available to members of the community as well as MSU students from 10:00 a.m. to 2:00 p.m. on Jan. 24 and 25 at an information booth that will be set up near SRO Espresso in the basement of the SUB. The opportunities include a class on the agriculture, culture, film, health and medicine, history and language of Costa Rica. The class is led by Spanish professor Rebecca Roland. Other classes include a children's literature tour of England, a study of British music and literature from Shakespearean sonnets to romantic symphonies, a tour of China and trips to Morocco, South Africa and Spain, among others.

M. Russell - Wonderlust forum

Tuesday, Jan. 23, 2007 3:00 p.m. to 5:00 p.m. at the Pilgrim Congregational Church on South Third Avenue just past the Museum of the Rockies, Steve Jackson, associate curator of art and photography at the Museum of the Rockies, will lead a slideshow presentation on one of the most important artists and storytellers of the American West. Wonderlust offers learning opportunities for people who want to study with others in the Gallatin Valley. Classes involve preparation and active participation by students, and facilitation by knowledgeable experts from a wide variety of backgrounds. The forum is free to Wonderlust members. There is a \$35 annual membership fee. For more information, see <http://btc.montana.edu/courses/asp/NCdescrip3.aspx?TheID=183>, or contact Continuing Education at (406) 994-6683.

Best Reports of Christmas Break

3 - Grant and South 11th 12/28/06: Theft - an officer observed that two traffic control cones containing electronic flares had been stolen.

6 - 7th and College 12/09/06: Injured animal - officers responded to the report of an injured cat. The cat was taken to the veterinarian.

4 - 1710 Greekway 11/29/06: Criminal mischief - a resident reported that obscenities had been painted on a Greek House.

3 - Romney Gym 01/02/07: Fire - an employee reported a fire in a wheelbarrow outside of Romney Gym.

2 - Deer Street 12/14/06: Criminal mischief - a resident reported that her intoxicated boyfriend destroyed her Christmas tree.

1 - Strand Union 01/10/07: Suspicious person - a staff member reported a male individual sleeping in the SUB, the individual had a highly offensive body odor and was making people uncomfortable.

Korea and United States have beef



JESSIE SOUKUP

EXPONENT WRITER

Korea and the United States have been in a tug of war over the issue of beef exports since Korea banned its United States beef imports in December 2003. Korea's trade experts say the United States is seeking to ease Koreans from anxiety about mad cow disease by advertising Montana State's cattle raising process.

"Beef is a key issue for prominent supporters of the FTA (in the United States) such as Senator Max Baucus," said Troy Stangarone, director of congressional affairs and trade analysis at the Washington-based Korea Economic Institute.

From Dec. 4 to 8, a week of protest was held in Big Sky. Delegations of United States and Korean protesters joined forces to oppose the Korea-United States Free Trade Agreement negotiations. Sponsoring this week was The Korean Alliance Against Korea-United States FTA (KoA), and Korean Americans Against War and Neoliberalism (KAWAN). This round of FTA talks was the fifth between South Korea and these groups.

Major U.S. exports to Korea include agriculture products, aircraft, machinery, and organic chemicals. Major imports include cars, telecommunications equipment, and electrical machinery. Over the past 10 years, Korea has maintained a strong GDP growth rate of 4.9 percent, and an annual trade growth rate of 12.5 percent. After taking steps to open and reform its economy, an FTA with Korea will promote continued economic reform in the country, say supporters of the FTA agreement.

Currently, the United States is working to open markets globally, and to expand American opportunities in overseas markets.

"This is the most commercially significant free-trade nego-

tiation we have embarked on in 15 years," U.S. Trade Representative Rob Portman stated. "Korea is the world's 10th largest economy with an annual GDP rapidly approaching \$1 trillion and our seventh largest export market."

Portman also said removing trade and investment barriers between the two countries will increase market access for farmers, ranchers, workers, and businesses to the growing Korean economy, boosting trade.

"I know that, negotiated successfully, a United States-Korea free trade agreement will pay enormous dividends. This is true for the United States, for Korea, and for my home state of Montana," Montana Sen. Max Baucus said. "Some of Montana's most important exports to Korea are in the chemical and minerals sectors. Reduction of these and other barriers to trade will help Montana's dynamic exporters."

Protests began during the first round of talks in Washington, D.C. in June 2006. The second round occurred in July in Seoul, where over 100,000 protesters were present in the streets. Seattle was home to the third round, followed by Jae Ju Island at the southern tip of Korea for the fourth round. Though the talks were expected to conclude in December, more discussions are still needed.

In Gallatin Gateway on Dec. 3, Baucus said, "I believe that a group this diverse comes together for a reason. I don't just mean the U.S.-Korea Free Trade Agreement. To me, this is a gathering decades in the making."

Susan Schwab, Trade Representative for the U.S., and Korean Ambassador Lee Tae-Sik were both present. Also involved are Wendy Cutler and Ambassador Kim, chief negotiators. The FTA discussions will continue until resolved, so look forward to yet another round of talks.

STUDENTS & FACULTY!

DO YOU HAVE ANY IDEAS FOR THE MSU BOOKSTORE? **TELL US ABOUT IT!**

DID YOU KNOW THAT YOU ARE A SHAREHOLDER/OWNER OF THE MSU BOOKSTORE AND CAN AFFECT THE BOOKSTORE POLICIES?

YOUR INPUT IS VITAL TO THE BOOKSTORE MANAGEMENT TEAM AND OUR BOARD OF DIRECTORS. EXPRESS YOUR VIEWS ABOUT HOW THE BOOKSTORE OPERATES. MEET THE BOARD MEMBERS AND MANAGERS AND GET INVOLVED!

ANNUAL MEETING OF THE CORPORATION



**THURSDAY, JANUARY 25TH
12:00 - 1:00 PM
SUB ROOM 276**

YOUR PARTICIPATION IS ENCOURAGED & WELCOMED! **MSU BOOKSTORE**

MONTANA STATE
POLICE



Support
Women

Support
Preborn Babies

Be ProLife!



View 4D Ultrasound, Live Action Images of a Preborn Baby. Click on 4D Ultrasound Videos at www.lifeissues.org.

G. V. Right To Life
P.O. Box 634, Belgrade, MT

New transit system to Moonlight Basin



CHERYL KNOBEL

NEWS EDITOR

On Dec. 1, 2006, a new bus system was introduced in Bozeman. "Skyline - Link to the Peak" has expanded area public transportation by providing service between Bozeman and Big Sky.

Moonlight Basin announced that it has committed to sponsoring Skyline, guaranteeing the service to be free for all riders through June 30, 2007.

"While local residents and visitors now have expanded care-free transportation, this service also helps alleviate congestion on local roads and decrease emissions from automobiles. We are pleased to be a partner in a program with so many positive impacts," Lee Poole said, managing partner of Moonlight Basin.

The Bozeman to Big Sky route makes six trips daily, and five trips return back to Bozeman.

The 47-seat motorcoach departs from the MSU SUB and Moonlight Basin's Pony Express Base Area, making five other stops along the way. Buses will offer bike or ski racks, depending upon the season, and are operated by Karst Stage of Bozeman on behalf of the Transportation District.

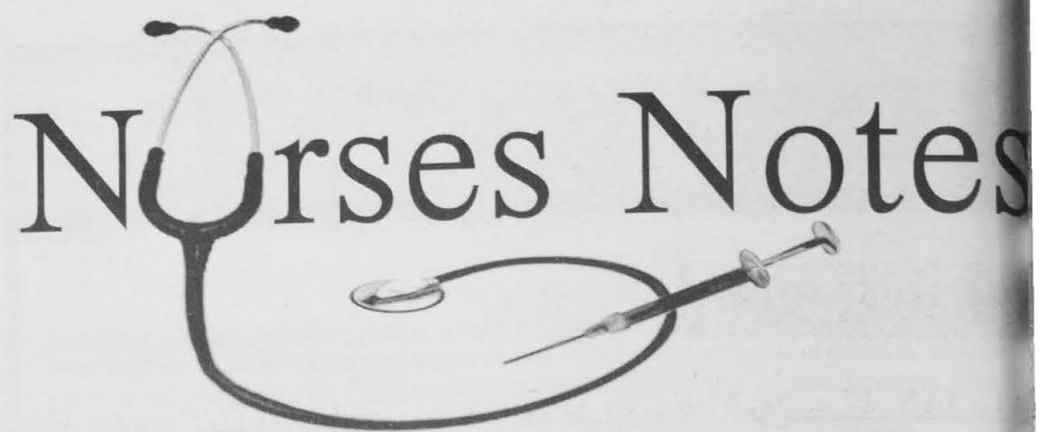
The idea is a spin-off of the Bozeman and Belgrade transit system, Streamline.

"They worked to coincide Streamline and Skyline stops so that people could use both systems for transportation, from Big Sky to Bozeman and Bozeman to Belgrade," said Deepu Philip, ASMSU Senator and a committee member of Streamline Transit.

David Kack, of the MSU Western Transportation Institute and a member of the Streamline board, along with Lisa Knorr, Chair of the Gallatin County Big Sky Transportation District, and others worked to plan and fund this new system. The local option sales tax (resort tax) in Big Sky and the Federal Transit Administration Section 5311, along with additional contributions from Moonlight Basin, have eliminated the need to charge \$5 per trip.

"We are pleased Moonlight Basin has stepped up to help support this new service," said Knorr. "We believe this will be a great benefit to the community."

Route and schedule information for the new Skyline is available online at www.skyline.com and by calling (406) 995-6287.



Common cures for the common cold



JULIA FITZPATRICK

EXPONENT WRITER

It's always bound to happen. With one snuffle or one sneeze, you have 20 people giving you advice on what is the best way to beat the common cold or the flu. Read on to see what science has to say about the common "cures."

#1 - Vitamin C

Claim: A dose of vitamin C a day keeps the cold away

Science: Most studies have found that a daily vitamin C supplement will not prevent a person from becoming sick. However, taking vitamin C may slightly decrease the amount of time a person is sick.

Caution! While most excess vitamin C will be flushed out of the body along with urine, taking excess of 2,000 mg a day can lead to stomach upset and diarrhea.

#2 - Echinacea

Claim: The new, natural way to prevent getting the common cold or the flu

Science: A study in 2005 stated that Echinacea does not appear to prevent colds or other infections; however conflicting studies exist that state Echinacea may be beneficial for

upper respiratory infections

Careful! Persons who are allergic to ragweed, marigolds, and daisies may be allergic to Echinacea

#3 - Zinc

Claim: The time a person has a cold can be cut in half if they use zinc lozenges

Science: One study did find that zinc lozenges decreased the duration of colds by half if lozenges specifically containing zinc gluconate were used. Another study found no difference in the duration of colds when using zinc or a placebo.

Careful! Don't go overboard: Excess zinc can cause nausea and vomiting, or even reduce the function of the immune system

#4 - Garlic

Claim: Taking a garlic pill a day helps fight off the cold and flu.

Science: There was a study done that found only 24 out of 146 people got sick after using garlic over a period of 12 weeks, compared with 46 people who got sick using a placebo. Conflicting studies also exist, showing no relationship.

Careful! Garlic pills still smell like garlic, and so does the person who uses them. Garlic can also increase the amount

of time it takes for a person's blood to clot.

#5 - Chicken Soup

Claim: Mom knew how to treat a cold - with chicken soup

Science: The jury is still out on this cure as well. Some scientists believe that chicken soup can relieve congestion by speeding up the movement of mucus out of the nose. Scientists have also done studies on whether homemade or store-bought is better and found there was no difference.

Careful! If you are making your own chicken soup, be sure to fully cook the chicken - or else you'll end up with salmonella poisoning as well as the flu!

Just wash your hands

The best way to avoid colds and the flu is to wash your hands. Not glamorous, but it has definitely been proven to work. If you choose to try one of the above, go for it. If you believe it will work, you just may be using the placebo effect on yourself.

Nurse's Notes is published bi-weekly as a collaboration between the College of Nursing and the Exponent.



Photo by Eric Newman



STUDENT ADVOCATES FOR FINANCIAL EDUCATION

FINANCIAL TIP OF THE WEEK

2007/08 FAFSA TIPS

Free Application for Student Aid

APPLY EARLY!!!!

WHAT YOU NEED TO BEGIN

- Pin Number (and your parent's Pin if you were not 23 as of January 1, 2007)
- Social Security Number (and parent's if under 23)
- Drivers License Number (if you have one)
- Legal Residence
- 2006 Tax Returns and W-2s, 1099's etc. (or federal tax information)
- Records of untaxed income (Social Security Benefits, TANF, Veteran's Benefits, Welfare)
- Information on Savings & Investments (business & farm assets, stocks, bonds, and other investments)
- Alien Registration or permanent residence card (if not a U.S. citizen)

Do You Have your Pin Number?

Get Your Pin or Check the Web at:

www.pin.ed.govWWW.FAFSA.ED.GOV

For priority consideration, the Montana State Deadline is March 1, 2007

For more information, contact the SAFE office: (406) 994-7223 or e-mail safe@montana.eduSource: U.S. Dept of Education www.fafsa.ed.gov 2007
SAFE is a project funded by the Student Assistance Foundation



ASMSU OUTDOOR RECREATION

HOURS OF OPERATION
Daily ... 9:00 A.M. - 5:30 P.M.

(may vary during holidays, exams and breaks)



ASMSU EQUIPMENT RENTAL SERVICE
PHONE: 994-3621
www.montana.edu/outdoorrecreation

SPRING 2007

T., JAN. 27 ... BRACKETT CREEK XC SKI TOUR, Bridger Range

Cost: \$10.00 MSU priority thru: 1/25

T., FEB. 3 ... PORCUPINE CABIN XC SKI TOUR, Crazy Mountain Range

Cost: \$20.00 MSU priority thru: 1/31 (pre-trip meeting on 2/1 at 5:30 in ORC)

T., FEB. 10 ... LEVERICH CANYON SNOWSHOE HIKE, Gallatin Range

Cost: \$10.00 MSU priority thru: 2/8

T., FEB. 24 & SUN., FEB., 25 ... YELLOWSTONE PARK XC SKI TOUR, Northern Region

Cost: \$50.00* (includes group lodging) MSU priority thru: 2/21 (pre-trip meeting on 2/22 at 5:30 in ORC)

T., MAR. 10 - SUN., MAR. 18 ... CANYON COUNTRY CAMPING, Utah

Cost: \$195.00* MSU priority thru: 3/4 (pre-trip meeting on 3/7 at 5:30 in ORC)

T., MAR. 31 ... INDIAN RIDGE SNOWSHOE HIKE, Madison Range

Cost: \$10.00 MSU priority thru: 3/29

T., APR. 14 ... MADISON RIVER CANOE/KAYAK TOUR, Warm Springs - Black's Ford

Cost: \$20.00 MSU priority thru: 4/12

T. APR. 21 & SUN., APR. 22 ... YELLOWSTONE PARK CAMPING, Old Faithful/Mammoth Hot Springs

Cost: \$50.00* MSU priority thru: 4/18 (pre-trip meeting on 4/19 at 5:30 in ORC)

T., APR. 28 ... YELLOWSTONE RIVER WHITE WATER RAFTING, Gardiner - Carbella

Cost: \$30.00 MSU priority thru: 4/26

includes transportation, group equipment and organizational expenses. Participants are responsible for personal gear, meals, clothing and individual needs. Each trip has minimum & maximum limits. Outings are open to MSU students, faculty, staff and university affiliates. Students and public may also participate on a limited basis. Payment in full is required at the time of registration unless a non-refundable deposit is indicated (*). Refunds will not be issued for day trips or non-refundable deposits unless the event is canceled by ASMSU Outdoor Recreation. Credit will be issued for cancellations received at least 48 hours prior to the scheduled trip departure.

SNOWSLIDE SEMINARS

BASIC: Jan. 24 & Jan. 25 from 7:00 - 9:30 p.m. in MSU SUB, Jan. 27 from 9:15 a.m. - 3:30 p.m. at Bridger Bowl.

Course content includes hazard recognition, route selection, fundamental snowpack analysis, search & rescue procedures.

Cost = \$5.00/classroom, \$15.00/field session (unlimited participation, however advance registration is required for field session)

ADVANCED: Jan. 31 & Feb. 1 from 7:00 - 9:30 p.m. in MSU SUB, Feb. 3 from 9:15 a.m. - 3:30 p.m. at Bridger Bowl.

Course content includes review of basic information, fracture mechanics, physical conditions affecting the snowpack, continuation of hazard recognition, in-depth search and rescue procedures. Participation is limited, advanced registration is recommended.

Cost = ASMSU-\$35.00/MSU-\$40.00/Public-\$45.00

KAYAKING

BEGINNING KAYAKING (Pool): Instruction in paddling, rolling, safety, equipment selection and other basics

Session #1: Jan. 30 - Mar. 6, Session #2: Mar. 27 - May 1 (Class will meet consecutive Tues. from 6:00 - 7:30 p.m. in MSU PEC Pool)

Cost = ASMSU-\$30/MSU-\$40/Public-\$50 (MSU priority thru: 1/28-session #1, 3/4-session #2)

IN BOATING: Thurs. from 6:00 - 7:30 p.m. in MSU PEC Pool Begins - 1/25 ... Ends - 5/3 (closed 3/8 & 3/15)

Cost !!! co-sponsored by ASMSU Intramurals & Recreation (MSU One Card, Facility Use Pass or Guest Pass required)

WILDERNESS MEDICINE COURSES

Wilderness First Responder - Challenge/Recertification: April 27 - 29

Cost = ASMSU-\$225/MSU-\$250/Public-\$275

Wilderness First Responder: May 19 - 27

Cost = ASMSU-\$450/MSU-\$500/Public-\$550

BIKE & SKI WORKSHOP

Hours: Daily from 9:00 - 5:30 Phone: 994-1908

Technical Assistance: an attendant is generally on duty Mon. - Fri., from 3:00 - 5:30

"Do It Yourself": free use of work area and tools, limited supply of parts and resale items are available

"Pop Off Service": available for individuals who prefer to have a technician do the work, inquire for rates.

SOURCE CENTER: Plan your own adventure utilizing maps, trail guides, magazines, books, videos, catalogs

USED EQUIPMENT SALE

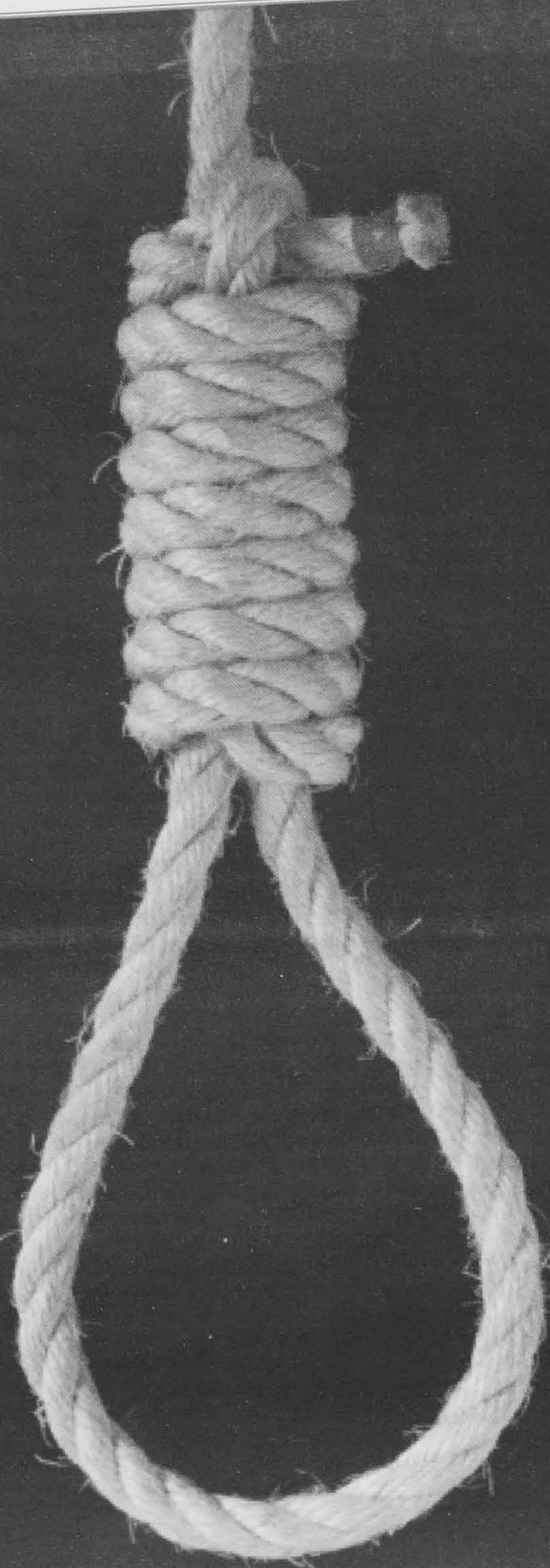
Fri., May 4 - SOB Barn

12:00 - 1:00 ... MSU only, 1:00 - 5:30 ... MSU & public
tents, sleeping bags, backpacks, touring kayaks, misc. items

Contact ASMSU Outdoor Recreation at 994-3621 or visit website at www.montana.edu/outdoorrecreation

6 OPINION

THURSDAY - January 18, 2007
ASMSU Exponent



Justice. But

Whose?



 **RACHEL HERGETT**
EDITOR-IN-CHIEF

Some will call it justice. Saddam, bound with a rope around his neck, being taunted by his enemies in the final moments before his death. The scene is evocative of what many of

Saddam's victims faced in their final moments.

I have been struggling in the weeks since the execution to reconcile my abhorrence of the death penalty with the obvious atrocities committed by this man. He almost certainly deserved death for killing thousands of his own people.

Capital punishment is contrary to international justice, specifically the Second Optional Protocol to the

International Covenant on Civil and Political Rights, which aims at abolishing the death penalty (the United States has declined to sign this section of the protocol). In plain English, it is against common international law.

Nothing in the trial or subsequent execution screams justice. Calls for an international tribunal charging crimes against humanity, similar to that held with Slobodan Milosevic, were denied. The former Yugoslav leader sat before the United Nations war crimes tribunal in The Hague, Netherlands, for crimes against humanity in Croatia and Kosovo and for genocide in Bosnia. He died of a heart attack before the conclusion of his trial.

A life of imprisonment with no possibility of parole is

the norm for international justice - to enforce the penalty is to make the judicial system criminal.

A life of imprisonment with no possibility of parole is the norm for international justice - to enforce the death penalty is to make the judicial system criminal.

"Saddam Hussein responsible for massive rights violations, but that justify giving him the death penalty, which is a cruel and inhuman punishment," said Dicker, director of Human Rights Watch's International Program in a press release.

In contrast, Saddam was rejected to the entirely embryonic Iraqi judicial system. The death penalty may be legal under the Iraqi constitution.

See Justice page 8

Planet Earth: The Doomed Planet

 KAREN BORRESEN WALSH
COPY EDITOR

As those of you who read even occasionally pursue the news probably know, Earth (and, consequently, all Earthlings) is seriously doomed. Here's the

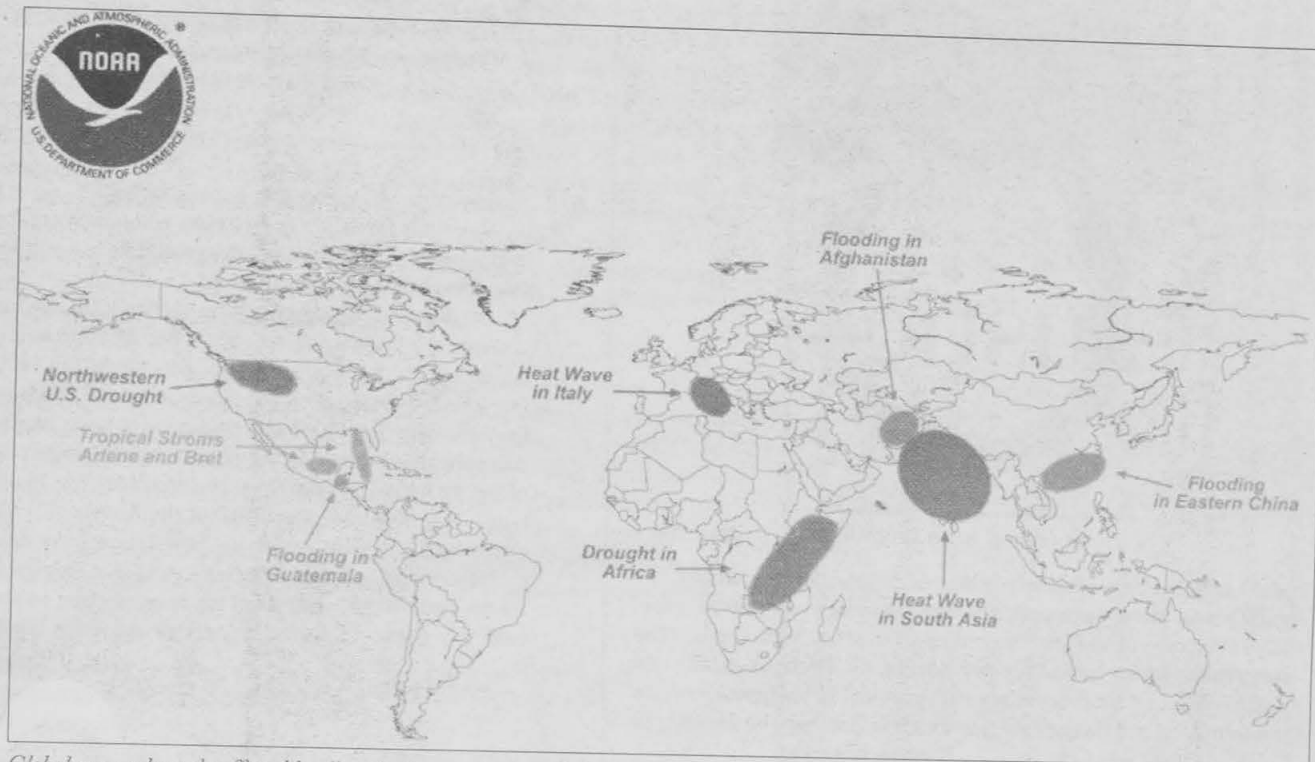
gist of the matter: our world is going to be a carbon-woven hand-basket. Being a news-junkie, I'm always coming across articles that discuss various causes and effects of global warming: icecaps melting, the Ozone layer disappearing, the rainforests going up in smoke, and the wrong micro-organisms multiplying in the ocean – just to name a few. What drives me stark raving mad is that hardly anyone ever talks about all these problems at once. Even when they do, they often skip the bit about how these effects feed off each other and actually contribute to the process.

Take, for example, the icecaps. As the ice melts, there is less bright ice reflecting the Sun's energy. Remember when, as a kid, you learned to wear white shirts instead of black ones during the summer? The icecaps are Earth's white t-shirts. Similarly, by burning trees, we are not only adding more greenhouse gasses to the atmosphere – we also are taking away a major source of oxygen. The same goes for all those micro-organisms floating around the ocean. Okay, so I read the gist of it: in sub-arctic waters, there are plankton that absorb oxygen and give out carbon dioxide; as the northern and southernmost waters warm, these organisms move into the more extreme latitudes, where oxygen-producing carbon-dioxide-absorbing plankton normally reign. As the former invades the latter's area, the latter dies off (long story) – increasing the proportion of carbon-producing plankton. Seeing as plankton, like trees, are one of the primary regulators of atmospheric gasses, this is a bad thing.

What do you get when you combine all of these bad things? Venus. Yeah, the planet; the one that's hotter than a snake's buttocks. A fair bit of evidence suggests it was once somewhat like Earth and that a "runaway greenhouse effect" turned it from a nice, snug place into a hotplate of astronomical proportions (as intended). The "runaway greenhouse effect" is essentially this: a planet starts warming, which causes

something to happen, which increases warming, which causes something else to happen—which also increases the warming. Sound familiar?

Now, I realize some of you may be thinking, "Look, the planet's average temperature has increased only about one degree during the last century or so. It's not like I'll mind if it's 95 degrees on summer days instead of 90, or if spring comes a little early." The problem is, according to most scientists, a two-degree increase in Earth's average temperature could very



Global areas adversely affected by climatic changes due to global warming.

Graphic courtesy of National Climatic Data Center; US Department of Commerce

well trigger the runaway effect – and that increase is expected to happen within our lifetimes if we don't curb greenhouse emissions yesterday.

So, here's my opinion: this is a national security issue. One of President Bush's arguments for not enacting stringent emissions regulations is that they will hurt the economy. Does he not realize that an eternal drought might just have an impact on agriculture? Or, hm... our stomachs? Or the production of various clothing materials? How are we going to run automobiles with bio-deisel or ethanol if we can't grow corn? How are our soldiers going to fight in the "War on Terror" if they haven't eaten, don't have clothes, and have Humvees with empty gas tanks? What will our economy be like when the ocean rises and puts Wall Street under water?

In case the president hasn't noticed, "national security" has to do with more than just terrorists. The government's job is more or less to make sure that our nation functions—preferably in a positive way. I'm as big a fan of small government as the next Montanan, but I want the government interfering if that's the only way to save the future of humanity. It seems to me that if the atmosphere boils away and we all die of starvation and/or embarrassingly extreme sunburns, the United States of America will quickly become the United

Morgues of a Previously Lush Desert.

Politicians think in terms of the immediate future. That is particularly true in the case of the American variety. This is partly due to the fact that the U.S. hasn't been around very long. One reason that so many other countries are quite happy to take their dandy ol' time solving international disputes is that they realize very few things happen overnight. Their national histories often include numerous revolutions, independence days, empires, invasions, etc. They are trained by their

pasts to think long-term, and for that reason they inherently understand why global warming is an issue for all of us who are alive today. Bush may very well go down in history as a president who presided over a good economy – but, if he does, he will also be known (in the books that survive the coming inferno) as the president who had a chance to save the world but chose instead to fulfill his people's desire for instant gratification.

I bet dollars to doughnuts that, in the cosmically near future, the Earth will become a wasteland. The only way to avoid that outcome is for the focus of national and international politics to become global warming. In case you haven't heard, a recent meeting of top scientists had a discussion that began something like this, "Okay, since the Earth is on the verge of melting, and since no

one is making a serious effort to stop it from doing so, what will we do once it's too late to do anything?" The only solution, offered by a Nobel Laureate, was to spew mass amounts of sulfur into the

upper atmosphere every other year. While doing so would cause horrible acid rain (and all the consequences thereof); it would also conveniently block enough of the Sun's energy to temporarily cool the planet. Basically, we'll have to

poison the planet and ourselves to prevent Earth from becoming Venus's twin. Oh – and the process (assuming we can even do it) will cost more money than any of us can imagine. Bye-bye, new fighter jets. Bye-bye, funding for education. Bye-bye, fancy-pants White House dinners. It'll take everything we have just to give humanity a chance to survive.

Like I said: we and the planet are doomed.

Like I said: we
and the planet
are DOOMED.



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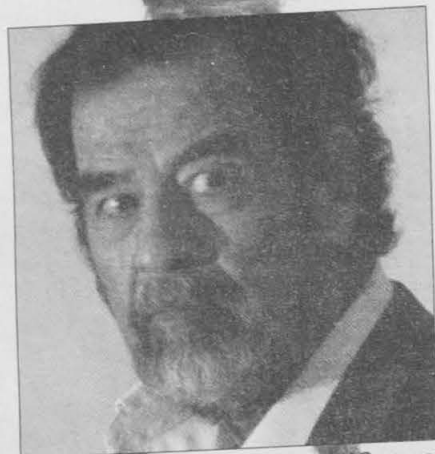


Photo courtesy of the Library of Congress

Justice?

Continued from page 6

code, but executing criminals is simply perpetuating violence. It's legally punishment, personally revenge for crimes committed, especially in the case of Saddam. According to the New York Times, "The court acquits nearly half of the defendants, but both Americans and Iraqis involved in the process say that political interference, threats from militants, and the judges' fear for their lives weighed heavily in many verdicts."

The question is, should Saddam have been granted American style justice? Why do we believe our system to be so much better?

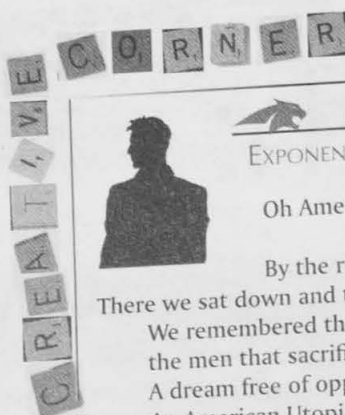
"The decision was implemented after a just trial, which the dictator did not deserve, as the crimes he committed against the people, the country, and its institutions were disgraceful," Iraqi Prime Minister Nouri Maliki said in defending its government's actions.

From the standpoint of the Americans, as the mediators of world policy and the self-appointed world police, this execution had no basis in justice. Executions, in our collective minds' eyes, should be, above all, civil, somewhat somber affairs – an end that is contrary to how the person lived their almost always violent life.

Even President Bush seemed disappointed with the way the execution was conducted. In an interview with Jim Lehrer on Tuesday, he said, "It basically says to people, look, you conducted a trial and gave Saddam justice that he didn't give to others. But then, when it came to execute him, it looked like it was kind of a revenge killing."

The question is, should Saddam have been granted American-style justice? Why do we believe our system to be so much better? Our seemingly civil executions are devoid of the entirely human emotion that should accompany death. Wrongful death is, in its essence, violent. And violence is cause for alarm or extreme reactions.

The death of Saddam Hussein, while celebrated by many as a fitting end to his life, is cause for alarm from both the media and international political community. Nothing has been resolved. Issues surrounding the proper treatment for convicted criminals as well as protocol for unnecessary executions abound. Revenge, not justice has been served.



MATTHEW SMITH
EXPONENT WRITER

Oh America!

By the rivers of America-
There we sat down and there we wept when we remember America.
We remembered the fore fathers of old,
the men that sacrificed everything for a dream.
A dream free of oppression, free of lies, free of evil...
An American Utopia of free thought and expression.

Oh America, where did we go wrong?
Was it too much freedom?
Was it Jim Crowe?
Was it the endless war of the classes?
Was it money?
Was it just pure ignorance?

Were our fore fathers mistaken when they created a government for the people by the people? Where today the candidate is a smiling, talking head, following party lines like walking a tight rope.

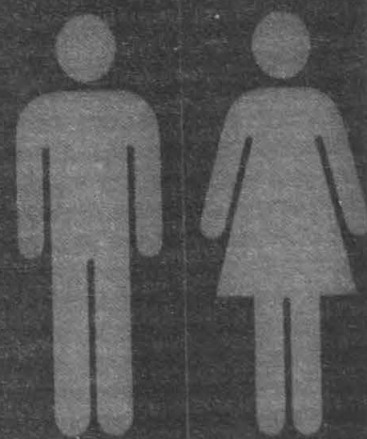
Oh, Mr. Congressman... Who are you? Oh, we know, the straight 'A' student, the veteran, the lawyer, the American. But who are you really, do you know?

Be careful Mr. Congressman, you might fall off into the chasm of free thought, our fore fathers opened for you. You know, Thomas Paine, Patrick Henry, Hancock; the men who don't have the monuments, who aren't embodied on our currency. The currency that embodies the new American dream, this dream is the polar opposite of our fathers: Freedom? Yes. Materialism? Yes. Egoism? Yes. Pride? Envy? Gluttony? Lust? Anger? Greed? Sloth? All of the Above: Yes! The seven deadly sins that one of the fathers, Franklin, especially hated, now have destroyed his dream.

How could we sing America's song in a foreign land? If I forget you, O America, let my right hand wither! Let my tongue cling to the roof of my mouth if, if I don't remember you, if I don't set America above my highest joy!

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Letter to the Editor

the Faculty, Staff, and Students of MSU,

I am writing this letter in the wake of recent events regarding the actions to close down the Save Our Barn. It has come to my attention that there has been a movement proposed to renovate it for the sole purpose of office space. To close it down will negate all pain and effort made on the behalf of students now alumni as well as the legacy left behind, to save the barn for the use of the current student population. This action proves that interested parties have not yet considered the impact it will have upon the students here at Montana State University. Has there been no consideration of what will happen to the various clubs and student organizations that use the building on a daily basis? Even MSU sanctioned classes will be without a place to meet and provide necessary instructional time to the students in those classes.

Montana State University is here for the students, and the proposed action against the SOB barn is an action against the students themselves. This university is supposed to take the students' interests first and foremost, since this is an institution dedicated to learning and broadening of horizons. Any action taken against that will negate the foundations necessary for anyone to make a future for themselves.

Not only will this action affect the students here at MSU, it will also affect the community. The many classes and activities staged in the SOB barn are also open to the community. Closing down the facility will have a negative effect on MSU students but will also ultimately impair relations between the community and MSU as well. The

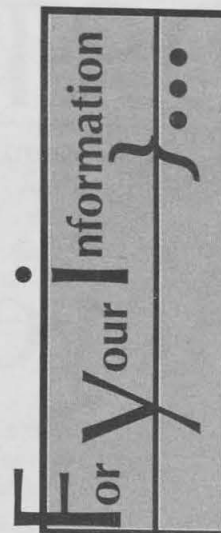
classes, being forced out of a facility, will have to find a new one. If the classes are able to do so, that would raise the costs for both students and non-students to be able to participate.

I ask, when considering the fate of the Save Our Barn facility, consider the fate of the students of MSU as well as the fate of the community members who engage in the activities and classes housed by the barn. Keeping or providing space for the classes, clubs, and activities, will be the greatest of benefits to MSU students. It provides them with education and enlightenment in the physical arts. These include fencing, belly dancing, ballroom and swing dancing, and even the MSU Outdoor Recreation department. If the proposal is approved, the above mentioned will be ousted and helpless to operate successfully and beneficial to all attendees.

If new space is to be constructed to make room for office space and select organizations, I hope that all will be considered and accommodated, in order to provide a legacy for future Montana State University students and non-students. They would be able to avail themselves to, and enjoy the satisfaction of learning and illumination provided by the various classes and clubs, which without support, hang in the balance. Please, do not let them suffer nor allow the students to lose valuable opportunities and experiences.

Thank you for your time and consideration,

Nolan Mowbray
Montana State University Student



Submissions can be sent to opinions@exponent.montana.edu. The Exponent welcomes letters to the editor and guest editorials from its audience. Letters should be no longer than 300 words. Guest editorials should be no longer than 600 words. Both guest opinions and letters to the editor should include: writer's full name, city, state, and major. Anonymous submissions will not be accepted; all submissions will be edited for grammar and content. Signed editorials in no way represent the opinions of MSU, The Exponent, advertisers or ASMSU. The Exponent cannot verify the accuracy of claims and/or statements made in letters to the editor; they reflect the opinions of the writer. Opinions often expressed in The Exponent illustrate the diversity found in MSU's academia and within the Bozeman and/or Montanan community, but these opinions do not represent any organization the writer may be affiliated with unless otherwise noted. Contact Amanda at 994-5482.



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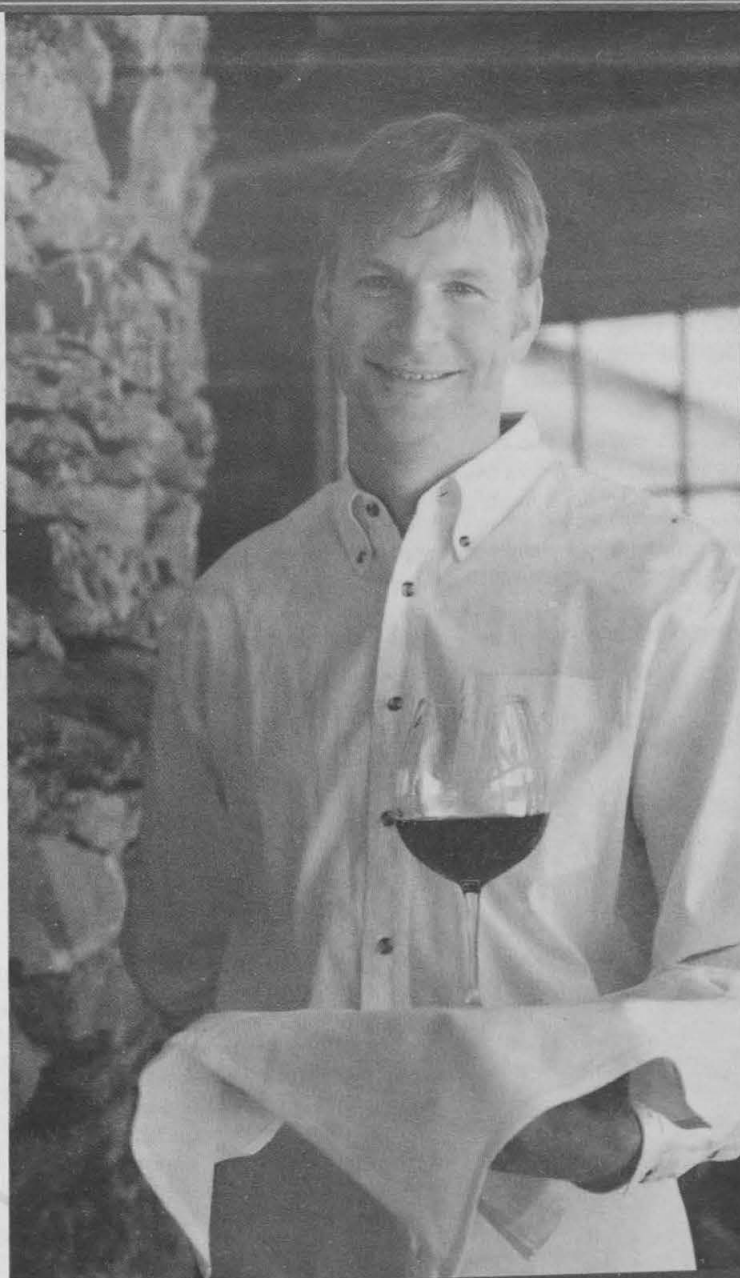
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SPORTS 10

THURSDAY - January 18, 2007
ASMSU Exponent

Al Beye remembered



KIM KRIEGER

EXPONENT WRITER

There is always that moment in time that stands still. That moment where everything in the world stops moving, stops breathing, stops believing. On December 15, my world stood still as I found out one of my friends was killed in a car accident. In mere seconds, everything around me had changed when I was told Al Beye had lost his life.

Upon returning to my house that night, after I thought I could cry no more, I walked into my room and found a picture laying face down. I turned it over to see Al's face, smiling back at mine while putting his arm around me in the photo. The flood gates opened again. Through the tears, I saw my roommate, struggling herself, and realized that not only had I lost a friend, so had she. And not only did she lose a friend, the whole town did. Al Beye was a friend to all.

This young man had graced this campus with his presence for the past three years. Over this period of time, he did what most people hope to do throughout a lifetime. From his big white smile, to his seven-foot skinny frame, you could not miss Al. Not only could Al be spotted from ten miles away, but you could hear him talk and laugh from the same distance. You honestly could not physically fail to see Al, but who would want to miss such a person?

As a basketball player, Al took energy and pride to the court, alongside his talent. A true team leader, Al helped the Bobcats to

a 15-15 record and garnered Big Sky Co-Defensive Player of the Year honors during the 2005-2006 season. He also set the team record for blocked shots in a single season, with 62.

His ability to bring down the house with his two-handed slam dunks as well as watching his long, skinny arms pump to the sky in hopes of inspiring the crowd to rise to their feet were also Al Beye trademarks. There is no question that Al left his mark on the basketball team, but it's what he did off the court that will forever be remembered.

One day, early in my second semester, I sat next to Al in a class we had together and he asked me if I was doing alright. It was not a particularly good day, but I smiled and said that I was. He asked a couple more times and he got the same answer. It was then that I realized that Al was a friend to all and he genuinely cared about all of his friends and the things they were going through. I can bet that I was not the only person Al asked that day.

Every time I saw Al in public, he was smiling. Whether he was talking to boosters, signing autographs for future Bobcats, walking to class, or simply hanging out with his teammates, he was smiling. He was avidly involved in the Bozeman community, reading to youngsters in the classroom and speaking at numerous events - while loving every minute of it. He was also a semester away from graduating after making a late major change. Al was the epitome of an MSU student-athlete.

On December 16, 2006, the Montana State Bobcat men's

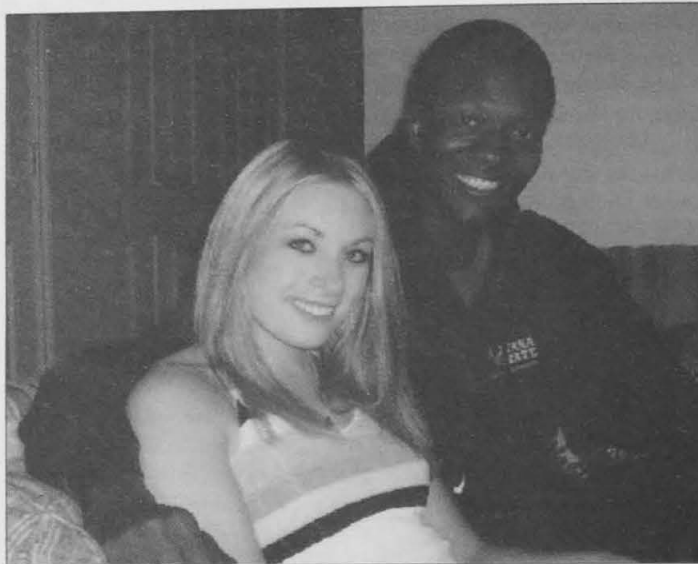


Photo courtesy of Kim Krieger

Former Bobcat basketball player and MSU student Al Beye, right, (pictured with the author) was killed in a car accident on December 15, 2006. Through his bright, friendly smile and outgoing personality, Al touched the lives of many and will forever be missed.

basketball team played a game, nearly 24 hours after the death of their former teammate and friend. Though the Bobcats didn't win, people got to witness the spirit of Al in the players, as they all left every ounce of energy on the court that night; something Al did every time he played. Players remembered their fallen teammate with two strips of tape on their left side of their jerseys, as well black shoes. Some even represented Al's number 55 on ankle and wrist tape. And though the original 55 will not be out on the court, a part of him will always be with his former teammates and friends, as the Bobcats have chosen to dedicate the remainder of the season to Senegal Slim.

So, as time stood still that cold and dark night, I saw a ray

of light in the smile from the young man from Senegal in my picture. That light telling me that Al was okay and need not worry about him. Of course, worrying and missing are two different words. As someone close to me put it, "God just really needed a starting Center." Well, he definitely got a good one.

The city of Bozeman lost their heart on December 15th. Al was someone who touched the lives of everyone, on and off the court, or in and out of the classroom. What the city did not lose, is his spirit. And though we will no longer see his smiling face walking around campus or hanging out in the field house, the spirit of Al Beye will absolutely be alive in this community forever.

From those who knew Al...

Casey Durham

Men's Basketball player



In my eyes, Al was one of the most caring, gentle individuals I have ever met. He had the ability to light up a room with his smile and sense of humor. Other than a teammate, off the court you knew Al was going to be there for you because he wanted to be. Al is not only going to be missed by his close friends and teammates, but everyone involved in this community that he loved so much.

Bill Lamberty

Sports Information Dir.



Al was a remarkable person, who positively impacted everyone he met. How many people can we say that about? As a community we're poorer for having lost Al so soon but so much richer for having known him. The wonderful thing about Al was that he considered his time and talents community property, a lesson for everyone.

Brandie Buckless

Women's Basketball player



Al had the ability to make everyone feel special and make anyone a friend. He had an incredible kindness and overwhelming care for others that showed in the warmth of his smile and the love in his hugs. Even if you only met Al for a brief moment, he was somebody that you would never forget. He had no enemies and thought of everyone as a friend, no matter who they were. He was the kind of person you wish there were more of in the world, but he left a little piece of himself in all of us.

Sam Corey

Friend



Al was known for his soft-spoken words and his great gift of kindness towards everyone. If anyone knew Al or talked to him for a minute or two, they would all know that Al had a big heart and lit up the room with his seven-foot eye-piercing height. Al Beye was not a human to me but a hero who became an angel.



SCORE BOARD

Men's Basketball

Jan. 13

MSU 65

*Montana 73

Women's Basketball

Jan. 11

*Montana 86

MSU 67

Skiing

Jan. 13-14

Utah Invite

Park City, UT

Women's Nordic (4th)



SCHEDULE

Men's Basketball

Jan. 18

vs. *Weber State 7:00 p.m.

Jan. 20

vs. *Idaho State 7:00 p.m.

Women's Basketball

Jan. 18

@ *Weber State 7:00 p.m.

Jan. 20

@ *Idaho State 2:00 p.m.

Track and Field

Jan. 19

Montana State Open
Brick Breeden Fieldhouse
4:30 p.m.

Skiing

Jan. 19-20

MSU Invite-Nordic
Bohart Ranch
10:00 a.m.

Women's Tennis

Jan. 19

@ Portland 1:00 p.m.

Jan. 20

@ #42 Oregon 10:00 a.m.

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KYLE STACK

SPORTS EDITOR

The Montana State track and field will host the Montana State Open Friday night in the Brick Breeden House. Conference opponents Idaho and Montana and St. Mary's (N.D.) are scheduled to compete with the 'Cats starting at 4:30 p.m. and ending around 7 p.m. Entry is free for MSU students (with a OneCard) and elementary students only \$5 for adults.

For detailed information on the time specific events, visit www.montana.edu/trackandfield. Then go to schedule and click on January 19 hyperlink.

Below are descriptions of each of the events that will be performed at the meet Friday, along with comments from some of the MSU athletes in the meet.

Events

100m - Standard indoor short sprint that uses maximum speed.

Big Sky qualifying mark: Women (7.32) Men (6.56)

100m Hurdle - There are five hurdles set over the run. From the starting line to the first hurdle is 13 meters (about eight strides) for women and 13.72 meters for men (also eight strides). The distance between hurdles is 8.5 meters for women (seven strides) and 9.14 meters for men (eight strides). After the runner clears the final hurdle, there is about four strides to the finish line for women and three for men.

Big Sky qualifying mark: Women (8.58) Men (7.85)

200m - This is a run that uses maximum speed but has an emphasis on speed endurance.

Big Sky qualifying mark: Women (25.61) Men (22.32)

400m - A long-speed endurance event. Is thought of as a long sprint.

Big Sky qualifying mark: Women (58.09) Men (49.18)

Johnson, Junior

400m



In the 200, I try to keep my face relaxed throughout the whole race, which relaxes my whole body. Personally, I try to push around the corners as much as possible to gain momentum for the straightaways. In the indoor 200, I am at a disadvantage compared to the outdoor 200 because my strides are longer and the tight corners seem to slow me down.

In the 400, I try to run very hard to get a split around a low 23 and the most important thing to do indoor is to be in good condition when you cut in.

Unlike outdoor, you don't have to stay in the same lanes and all the runners are allowed to cut in at the same time for the final lap so I try to get good position. I try to go as hard as my body will let while still being relaxed through the race.

My goals for the season are to win the 400 after last year at conference where I had a virus and spent the night in the hospital after prelims. Last season, I was second in the 400 by over half a second in the conference and second to Heberly. So, I know what I need to do while continuing to work hard on the track and in the weight room.

Autumn Domitrovich, Sophomore



My goal for the 400 this Friday is to run a 56 [seconds]. I plan on executing these goals by focusing on the four P's (Push, Pace, Position, Press). These are the key words I focus on for each 100 meters in the 400. My mindset is totally focused on pushing myself as hard as I can. Undoubtedly there will be pain after the 400, but it's totally worth it!

Fawn Kirkpatrick, Junior



Since it's not my usual race, I will be doing a little more speed endurance training. I am working more on getting a solid 800 pace for what my lap time should be.

I'm going to shoot for my personal record, which is a 2:20. That means that I am going to shoot for 35 laps. I am just going to go out behind the leader and try to stay with her.



Photo by R. Dean Hendrickson

Distance

800m - A middle distance run that is a cross between a sprint and a distance race.

Big Sky qualifying mark: Women (2:15.68) Men (1:54.66)

1600m - The 1600 is a true mile and is a longer middle distance run. The event is broken down to 60 percent endurance and 40 percent speed.

Big Sky qualifying mark: Women (5:05.06) Men (4:12.59)

3000m - A true distance event where speed is de-emphasized.

Big Sky qualifying mark: Women (10:12.93) Men (8:24.24)

Elisabeth Driscoll, Junior



It's especially difficult on the first race to set goals, because at this point you don't completely know what to expect from yourself. In a lot of ways, the first race acts as a bench-

mark for the season.

For one, I'm aiming for even or negative splits, which entails starting out conservatively and then picking up the pace toward the end if I feel good. I'm shooting to start out at 82 to 83 second 400m splits and go from there.

I would also hope to be able to work together with some of my teammates at least for the first half of the race.

Kayla Larson, Junior



I was sidelined last year due to an Achilles tendonitis injury. Having redshirted last season makes me that much more driven and determined to have a successful indoor season. I trained over Christmas Break more intensely than ever before, logging a career-high 56 miles in one week.

I'm feeling really fit early in the season, ahead of where I think me and my coach expected me to be. So, with that, I'm more than ready to run a big race this Friday, to prove to my competitors that I'm not taking this season lightly - but very seriously.

My goal is to clock in at 10:30 in the 15 lapper. Running this time would be my personal best. I'm expecting a great performance from myself and that is going to take extreme mental concentration on my part.

To mentally prepare myself, I have already written my expected times for each lap (200 meter) - all at a consistent pace of 42 seconds/lap. I memorize this chicken-scratch piece of paper prior to my race and usually give myself some time alone to get in a "zone."

Fifty minutes before race time, I warm up for 15-20 minutes outside, then come back inside to lightly stretch and complete coach's mobility circuit.

Patience is definitely key and I expect to use it before and during my 3k race.

Jumps

Horizontal jumps

Long jump - This jump is broken down as a full sprint down a runway and then a jump into a sand pit. The jumpers reach maximum speed down the runway (105-115 feet for women, 115-125 feet for men) and are expected to run that distance down the runway in four to four and a half seconds. The jump can be defined as forward and upward. To qualify for a mark, the athlete has to jump before the jumpboard. The measurement is taken from the front edge of the board to the mark in the sand that is closest to the board. There are about 18 strides taken before jumping into the sand pit.

Big Sky qualifying mark: Women (18 feet-2 inches) Men (22-7)

Triple jump - The same rules apply to this event as in the long jump. The difference is that the runner must take three consecutive jumps (left foot, left foot, right foot OR right, right, left) before landing in the sand pit with both feet. These jumps can be defined as lower and flatter. There are ideally 16-18 strides taken before jumping into the sand pit.

Big Sky qualifying mark: Women (37-3) Men (45-0.5)

Vertical jumps

High jump - As in the long and triple jumps and the pole vault, there are three crucial elements to performing a successful high jump: (1) the speed at takeoff, (2) the takeoff angle, and (3) the center of

gravity at takeoff. There are typically 10-12 strides taken before jumping over the bar. The first five to seven strides are run in a straight line and are used to generate speed. The last five strides are taken on a curve and are used to create a force that takes the athlete "out and over the bar." Jumpers used to jump over the bar with their chest facing down and back to the sky, but now most athletes use the Fosbury flop technique (back facing the bar and chest facing the sky). The jumper gets three attempts to clear the specified height and are allowed to hit the bar, just as long as the bar doesn't fall down. The jumper is disqualified if the height isn't cleared in any of the three attempts. The bar is moved up in two-inch increments. Big Sky qualifying mark: Women (5-4.25) Men (6-5.5)

Pole vault - There are typically 14-18 strides taken before vaulting over the bar. Women usually hold 14-15 foot poles while men typically hold 15-16 foot poles. As in the high jump, the vaulter is allowed to hit the bar as long as the bar doesn't fall. The bar is adjusted in six-inch increments.

Big Sky qualifying mark: Women (11-5.25) Men (14-6.75)

Kevin Ludwig, Sophomore

Long Jump, Triple Jump



Goals for this season: whatever it takes for a team conference title. I generally go through every phase of my jump in my head right before I compete or I just think about slowing everything down since I tend to rush things.

Mike Green, Sophomore

High Jump, Pole Vault



For my goals, I just always want to be improving. For example, if I clear a height in the high jump one week, then in the following weeks I expect nothing less and hope to improve on that height in time.

As for improving, I hope that I would be able to have a higher mark at least each year, if not sooner. For more concrete goals, I want to win the conference in the indoor heptathlon and also in the outdoor decathlon.

While preparing for events, I



Photo by Kevin Ludwig

CONTINUED FROM PAGE 11

mainly just try to think about certain questions that will help me for whatever event I'm doing. Like if it's a sprint, usually I'll think about keeping my head down for the first steps of the race. If I'm jumping, I think about keeping my posture or driving my knee.

Also, I just try to remember the things that I would do during practice to warm up and prepare. I feel that if I can follow as closely to a normal practice as possible, then I'm the most comfortable in the situation.

During the event, I actually try to think as little as possible. This might sound weird, but I just try to sit back and let my body do all the work. I try to find that place where I can just feel what my body is doing and more or less just monitor what's going on.

Ellie Rudy, Junior Pole Vault



Lord willing, I will jump at least 13'6" and have great attempts at 13'9" on Friday. When I'm the only one left jumping, I am motivated by the fans, my team, and my coach. The fans are there to see a show and I want to give that to them.

My team and my coach [Tom Eitel] have worked much too hard for me not to give my very best out there! This season, I'd like to see our men and women pole vaulters sweep the top spots at conference. We have an amazing team this year, on both sides. We just need to go out there and take what we want!



Photo by R. Dean Hendrickson

Throws

Shot put – In this event, there are three elements which are important before release of the shot: (1) the release velocity, (2) the angle of the release, and (3) the height of the release. The shot has to be in contact with the neck until the shot is thrown and must be thrown with one hand. The thrower sets in a "power" position in which power is generated from the thrower's legs. The thrower can then spin or glide to throw. Spinning usually takes two full body turns and gliding is simply shifting straight across the circle. The circle is seven and a half feet in circumference and the thrower cannot land outside the circle at any time. The thrower must leave the back of the circle for the throw to count. The women throw a nine-pound shot while the men throw a 16-pound shot.

Big Sky qualifying mark: Women (43-5.75) Men (51-0.75)

Weight throw – The thrower holds a triangular metal piece, which is attached to the weight by a rope. Throwers take two or three spins and wind the weight in an orbiting position around the head

to gain momentum before throwing. As in the shot, throwers cannot step outside the circle. The women throw a 20 pound-weight and the men throw a 35-pound weight.

Big Sky qualifying mark: Women (52-1.25) Men (53-3.5)

Kylee Zent, Sophomore Shot Put



My goal for this meet is to open around 48'. I want to qualify for the Big Sky Conference meet early. I feel very strong right now, and have been throwing well.

My goals this year are to get both the indoor and outdoor records for the shot put, and the discus record outdoor. I'd like to throw the shot 52' indoor and hopefully 53' outdoor, and the discus 165'.

Another goal is to qualify for regionals. If I reach these goals, I will just aim higher for the next meet.

While I'm competing, I am on a very personal level with myself, as well as an emotional level with my teammates. We are into what we're doing, and very supportive of one another. It's a huge advantage that we have as a team, and it's very obvious if you see us as a group.

Before each meet, I think of how I've been throwing lately and what I need to do to step up to the next level. I try to get one big mark in prelims, so I'm seated well in finals.

Throwing is a huge mental game. We always have competitors trying to pull the intimidation factor. But I think our group does a great job and doing the intimidating.

Allison Jones, Sophomore Shot Put, Weight Throw



I would have to say that for the most part our goals for this meet are to go out and throw the best that we can and have fun doing it. This is obviously our first meet and everyone is nervous so getting a

mark is good, a personal record is even better though. That is what I want to accomplish at least. It would be a relief to qualify for conference and get that pressure off of the shoulders.

When we start to warm up is when it really gets fun. All of the throwers will run a lap and warmup together, which can be kind of intimidating for the other team.

We don't really talk to each other after we start warming up. We all kind of go into our zone. I usually just think about what it feels like to get a good throw and the cues that coach gave me to work on.

One of the hardest things to do is go from throwing the shot to throwing the weight or vice versa. The mindset is completely different. The footwork for throwing the shot and weight is about as opposite as it gets, so having to mentally prepare for the other event is stressful at times. You really have to become a different thrower when switching events because some of the movements will

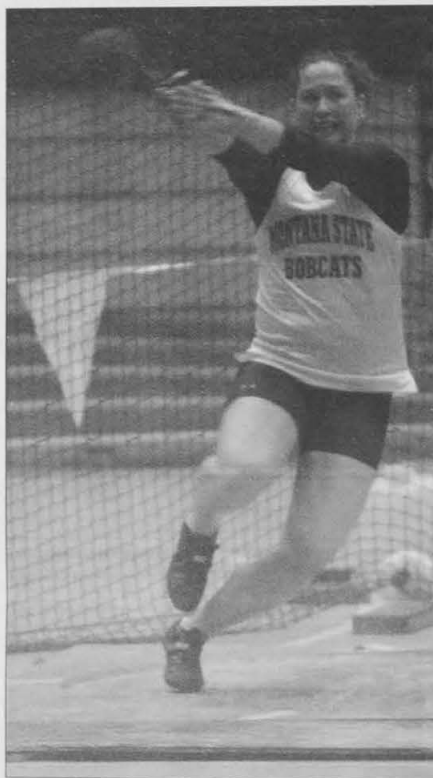


Photo by Mark MacLeod / Highlander

Senior Ashley Jones has the MSU record in the hammer throw.

crossover and mess up the other event

Relays

4 x 400m – Four runners run 400 meters each while carrying a baton. The runner receiving the baton from the active runner must judge the position of the runner before taking off from his or her position. There is a 20 meter zone in which the baton can be handed off but the goal is to obviously transfer the baton as soon as possible. It is okay to drop the baton, but a transfer of the baton outside the zone results in a disqualification.

Big Sky qualifying mark: Top 8

There are other indoor events which do not appear this Friday but that will be performed during the 2007 Big Sky season. They are the following: 60m, 60m hurdle, 5000m, heptathlon, and distance med. relay.

2007 MSU Track & Field Schedule

Jan. 26	MSU Multi Dual Invite	Ho
Feb. 2	ISU Multi Dual Invite	Aw
Feb. 9	Mountain States Games	Aw
Feb. 17	Bobcat Open	Ho
Feb. 23	Big Sky Indoor Champ.	Ho
Mar. 3	UW Last Chance Qualifier	Aw
Mar. 9	NCAA Indoor Champ.	Aw
Mar. 31	Al Manuel Invite	Aw
Apr. 5	Weber State Invite	Aw
Apr. 13	MT SAC Relays	Aw
Apr. 14	MSU Invite	Ho
Apr. 20	ISU Invite	Aw
Apr. 28	MSU/UM Dual	Aw
May 4	Tom Gage Classic	Ho
May 9	Big Sky Outdoor Champ.	Aw
May 25	NCAA Regional Champ.	Aw
Jun. 6	NCAA Outdoor Champ.	Aw



Flu Season is Here!



Do you have signs and symptoms of the Flu?



Headache
Fever
Sore Throat

Cough
Nasal Symptoms
Fatigue

If you have had these symptoms for less than 2 days, you may be eligible to participate in a clinical study testing new medication for the Flu.

For More Information please call:

Bozeman Urgent Care Center
406-586-8711

Participants may receive medication and study related medical care at no cost.
You may be compensated for travel costs.



KYLE STACK

ETS EDITOR

rookie won our league. that rookie defeated er rookie in the champi- game. After Neon Black (Mike) decimated room- Rex's Raiders (Tanner), 4, and the Canadians (Dan) quick work of cowmilk, 103-63, Black Tanks rode e-balanced attack (five play- 15+ points) to beat the aians 110-77 and win our y football league.

X's Raiders handled cowmilk in the third-place game the SpanishNewsChannel won the consolation t.

tsfunctional Cards (Rachel) d in sixth while Big (Justin) and Kstars (Kevin) ed out the top eight. r (The Scott) and Sweetest ver (Kim) were so bad they ome early.

e been waiting to unleash atistical analysis, although, space restrictions, I had to ally reduce the data I had ed. This is what I do when I bsolutely nothing else going my life, which is probably #1 to get a girlfriend:

ost points: 1620 (Black Tanks) west points: (teams played postseason) 1287 nctional Cards)

ighest point total in one 162 (Rex's Raiders)

west point total in one 36 (Kstars)

ost 100-point games: 8 anian Broadcastin)

west 100-point games: 2 nctional Cards)

rgest Margin of Victory: aiders over Sweetest)

mmest Margin of Victory: 1 shNews over Black Tanks)

tal number of games played ing postseason): 78

of games decided by ten or less: 17

The Exponent Fantasy Football League (sponsored by Mike the Rookie)

of games decided by five points or less: 8

of games decided by 25 points or more: 41

of games decided by 50 points or more: 13

The Draft

Top 15 NFL point scorers in our league: L. Tomlinson (423), L. Johnson (304), P. Manning (286), S. Jackson (279), D. Brees (274), M. Bulger (252), M. Vick (245), Baltimore (241), F. Gore (239), B. Westbrook (237), W. Parker (232), C. Palmer (220), Chicago (216), M. Jones-Drew (215), D. McNabb (204).

Rounds in which those 15 were taken: 1st (Tomlinson, Johnson, Manning), 2nd (Jackson, Palmer, Westbrook), 3rd (Vick), 4th (McNabb), 6th (Parker), 7th (Bulger), 8th (Brees), 9th (Chicago), 11th (Baltimore), Not drafted (Gore & Jones-Drew)

First Round:

Black Tanks - L. Tomlinson (423), SpanishNews - S. Alexander (115), Kstars - L. Johnson (304), Canadian - P. Manning (286), cowmilk - T. Barber (192), Sweetest Team - T. Brady (200), Big Shots - C. Portis (103), Raiders - R. Brown (139), Cards - E. James (143), Becker - A. Gates (128)

Final Words

I am not the least bit ashamed that this league became a top priority in my life. The enjoyment of fantasy sports is heightened when it involves friends as the level of trash talking goes up about 576 percent.

Not only will I want to participate with friends in another league next year, I hope that Kim puts it in this paper so everybody can see the improvements I'm going to make. We're going to run a full-time scouting service out of Kyle's house as I seek to improve my team next year. I am forever hooked.

BOBCAT RECAP



DANIEL LOCKHART

EXPONENT WRITER

Men's Basketball

The MSU men's basketball team began the winter break with a crushing loss as former Bobcat standout Al Beye was killed in a traffic accident on Dec. 15 in Dillon, MT. A heavy-hearted Bobcat squad took to the floor of Worthington Arena the following evening against Utah Valley State. It was a hard-fought match in which the 'Cats struggled not only with their emotions, but also with turnovers and shooting. Despite senior standout Nick Dissly's career high 29 points and his vividly inspired play, MSU fell to the Wolverine's 53-60.

MSU scorched Great Falls the following Tuesday in a 97-52 route at Worthington Arena. The game marked the first time since Feb. 2, 2006 that the Bobcats tallied as many points, and the first time since Feb. 15, 2001 that they did it before a hometown crowd. The 'Cats also set a new school record for the most three pointers in a game with 15. Nick Dissly led the five Bobcats in double digit scoring with 23 points. Dissly's 23 points coupled with his 29 points of the previous weekend earned him Co-Big Sky Player of the Week honors.

Montana State finished their non-conference season with a disappointing 65-62 loss at South Dakota State on Dec. 22. Sloppy play and a seemingly endless parade of Jackrabbits to the free throw line led to the loss. SDSU shot 19 more free throws than MSU, while MSU turned the ball over 19 more times than the Jackrabbits. Branden Johnson paced the Bobcat offense with a career-high 16 points, while Dissly chipped in 15 points with three assists and seven rebounds.

The Bobcats returned to action with their first conference game on Dec. 28 at Eastern Washington. MSU took their first win in conference, 82-79. Two clutch three pointers propelled the Bobcat's to that victory. A frenzied finish placed the ball in Carlos Taylor's hands for a buzzer beating three to push MSU past the Eagles. Taylor led the Bobcat's offensively with 20 points.

Foul trouble plagued the Bobcats' as they visited Weber State on Jan. 7. The Wildcats tallied 34 of their 84 points from the charity stripe, as they toppled the Bobcats 84-63. Dissly paced MSU's offense with 21 points, while Taylor posted a solid 12 points.

Montana State headed to Missoula to play the Grizzlies on Jan. 13, but lost 73-65. Casey Durham provided much of the spark for the Bobcats as he scored 14 points and dished four assists. Taylor led all Bobcat scorers with 15 points.

MSU is currently 4-13 and 1-3 in the Big Sky Conference.

Women's Basketball

The Lady 'Cats opened their winter break by hosting Montana-Western on Dec. 14 at Worthington Arena. Erica Perry showcased her ability in the clutch as she tallied five consecutive points to push MSU out of a tie with just 2:18 remaining. Perry finished the evening with 11 points and the Bobcats came away with a 77-71 win. Rebecca Mercer paced the Bobcat scorers with 18 points, and Whitney Connolly continued a strong season with a 15-point outing.

MSU traveled to Salt Lake City to face off Utah on Dec. 18. The Bobcats fell just shy in its match against their much higher-rated opponent, 66-63. Connolly came off the bench to lead MSU with 18 points. Krislyn Wallace provided stellar defense for the 'Cats, hauling in nine rebounds.

The Bobcats traveled just up the highway to Orem, UT to face Utah Valley State at the McKay Center on Dec. 20. Despite a solid all-around effort, the 'Cats dropped the match, 84-78. It was a close contest that was decided in the final 38 seconds with three free throws. Alyssa Nelson and Mercer tallied 17 points. Nelson also collected seven assists, four rebounds, and three steals.

MSU finished their non-conference portion of the season as Gonzaga hosted the Lady 'Cats at the McCarthy Athletic Center on December 30. The Bobcats got off to a slow start in the first half, but managed to close within ten points before the end of the first half. Dismal shooting from both the floor and the charity stripe dogged the 'Cats for the remainder of the game, as they dropped the contest 81-53 to the Bulldogs. Nelson and Nubia Garcia led the Bobcat offense with 10 and 12 points, respectively.

The Lady 'Cats opened their Big Sky Conference play by hosting Eastern Washington on Jan. 4. After a strong first half, MSU shot a meager 18 percent from the field and lost to the Eagles 69-66. Connolly provided the bulk of the Bobcat scoring punch, coming off the bench for 18 points. Mercer notched 12 points, and Perry produced another solid performance with ten points.

Coming off their heartbreak loss, the Bobcats hosted Portland State on Jan. 6. Led by Garcia's 16 points, the Bobcat rolled over the Vikings, 72-63. Brandie Buckles dropped 15 points and Mercer added 11. Nelson notched a career-high seven steals to complement her nine points and four assists.

The Jan. 11 Cat-Griz match witnessed the Bobcats falter beneath Grizzlies balanced and effective attack, dropping the game 86-67. Perry managed a highly effective defensive effort against Grizzly standout Mandy Morales. She also added eight points, five steals, and four rebounds. Wallace led all Bobcats with 13 points.

The Bobcats are currently 1-2 in the Big Sky and 6-9 overall.

Ski Team

The MSU ski team opened their 2007 campaign on Jan. 7 in Big Sky, MT. The MSU Invitational saw the men's squad finish five of their skiers in the top 20 of the slalom event. The Bobcats were paced by Toby Lamar who completed a two-run time of 1:29:09 for eighth place. The MSU men's squad finished with a combined 62.5 points. It was a mark solid enough to place them second behind Colorado's first place score of 80.5.

The Bobcat women's squad struggled as All-American Spela Bertoncelj and Carmen Elroy fell during their runs.

The second day of events was postponed due to poor weather conditions. Those events have been rescheduled for the weekend of Jan. 19-20. At present, the Bobcats stand in sixth place with a combined 96.5 points. Colorado University is the present leader with 152.5 points.

The Bobcats stepped up their performances at the Utah Invitational in Park City, UT on the Jan. 13-14 weekend. Led by the women's Nordic squad, the blue and gold captured fourth place in the tournament. The finish marked MSU's best outing since 1994. MSU posted a solid sweep of the women's 10 kilometer skate race. Jamie Woelk captured the top spot with a time of 34:16.1. Mandy Bowden followed with a second place time of 34:16.6. Sophomore Claire Rennie rounded out the top three spots with a time of 34:16.9. The Blue and Gold sweep of the event gave MSU the highest event score possible of 87 points.

The men's squad was paced by junior Nathan Park, who completed the men's 15-kilometre skate race with a time of 43:45 for a tenth place finish. The Bobcat's finished the Utah Invitational in fourth place with 441 points. Defending national champion Colorado University took the top spot with 552 points.

Random and quick sports thoughts...While outrunning Ohio State



SPORTS EDITOR

KYLE STACK



Quote of the break (Broncos passing back Jay Cutler describing tight end Tony Scheffler. I swear I am not making this up) – "I roomed with him during training camp and he has really great hands."

What I learned over Winter Break:

That the 76ers traded a still-in-his-prime and future Hall of Famer Allen Iverson for a barely above-average point guard (Andre Miller), a mediocre post player (Joe Smith) and two probable late first-round draft picks. I wouldn't be surprised if 76ers GM Billy King set up pictures of every player on every team in the League on a wall and just started throwing darts while blindfolded and settled on who got hit...

That Kobe complained that Gilbert Arenas took too many erratic shots and had "no conscience" with taking shots after Gil put up 60 points on the Lakers in December. Talk about the pot calling the kettle black...

That I wasted away too much of my youth playing NFL Head Coach...

That the Cincinnati Bengals crapped away a playoff spot because they couldn't convert an extra point and a 39-yard field goal at the end of consecutive games. Now, the Bengals had eight players arrested during 2006 and one player who stubbornly called himself "Ocho Cinco" even though, technically, he should have been saying "Ochenta y Cinco." If that doesn't prove to you that karma exists, then you're going to hell...

That watching my favorite team, the 49ers, crush the Denver Broncos' playoff hopes was as satisfying as I thought it would be...

That I'll never be able to ask a dumber question than Andrea Kramer did to Brett Favre after the Packers-Bears game on New Year's Eve. As Favre was crying on national TV, trying to answer Kramer's first question about that being his last game, Kramer followed it up by asking, "What are your emotions right now?" The man was sobbing, CRYING(!), and Kramer had the nerve to ask him what his emotions were! That was so ridiculous...

That the San Francisco Giants felt so forced into making a big move to show their fans that they are serious about winning that they gave 28-year-old Barry Zito a seven-year contract –

when no other team was offering more than five. Even though Zito hasn't been injured since joining Major League Baseball seven years ago, it amazes me that the Giants committed so many years and money (\$126 million) when so many other teams have been screwed from putting all their eggs in one basket when it comes to a frontline pitcher (Rockies – Mike Hampton, Dodgers – Kevin Brown, Angels – Bartolo, Blue Jays – A.J. Burnett)...

That Oklahoma State has a badass basketball arena. Intense fans and a beautiful court...

That there is a street near the Dolphins stadium named Dan Marino Boulevard. Perhaps the name of that piece-of-crap street should be changed to No Super Bowl Wins Boulevard...

That football has nickel, dime, and quarter defensive formations but not penny and half-dollar formations...

That with the exception of Boise State's gutsy win over Oklahoma, the five BCS bowls left much to be desired. How much more evidence do we need that a playoff system is the only logical way to determine a national champion in college football? I think we should be able to at least test the playoff system in

video games. If it makes sense in EA Sports NCAA Football '08, then it'll make sense in real life...

That there is one distinct advantage to a college football playoff. After the championship game, we won't have to hear about how the losing team hadn't played a game in 50 days...

That the last 45 minutes of the Boise State game were as much fun as I've ever had watching sports...

That the MSU dance team got two-thirds of their routine right during halftime of the women's Cat/Griz game: They danced their butts off for their routine – and looked dead sexy doing it – but they whiffed on the colors of their dresses. They wore our rival's colors, during our rivalry game, on our home court. It's time to perform a head count on the number of blondes on the team...

That Kevin Durant has to be on our 2008 Olympic basketball team. He's similar to Kevin Garnett, only more athletic and with better shooting range...

That after watching the Phoenix Suns profusely over break, I am ready to admit something that people who know me know is out of my character: Steve Nash deserved to win the last two MVP's. My past argu-

ments about Nash being unserving of the awards because his lack of defense is irrelevant. Defense has been a minimal part of the Suns' philosophy the couple seasons, so Nash's sub defense doesn't have an effect on the Suns, one way or another. The Suns emphasize transition offense, ball movement, creating open shots, and is as integral to the function of that offense as any player ever been to a basketball team.

That Andy Reid should have gone for it on 4th and 15 long as you have the ball late in the game in which your season is on the line, you never give it to your opponent. Isn't that Rule #1 in playoff football?

That Marty shouldn't have tried so hard to prove to everybody that he could be an aggressive coach. The time of a game in which you don't try to extend a 4th and long play is in the quarter, when you're just trying to get points on the board...

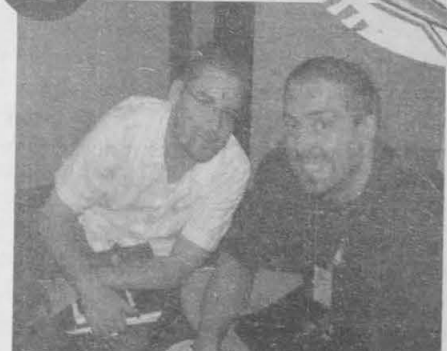
That Peyton is due, Reggie is TOUGH, Brady is Tom Coughlin, Rex is doomed, Matt is a pansy, Holmgren is fat, Urlacher is a bully, Brees is deserving, Vinatieri is screwed...

That Mark McGwire deserves to be in the Hall of Fame...



RA SELECTION 2007-2008

BLAST OFF!!!



Applications can be obtained **ONLY** by attending one of the following Information Sessions.

—Tuesday, January 23rd, Hapner Central Room, 6:00-7:30pm—

—Wednesday, January 24th, North Hedges Basement, 6:00-7:30pm—

—Monday, January 29th, SUB Ballroom D, 7:00-8:30pm—

Applications and Reference Form due to Residence Life office by NOON on February 2, 2007

This Experience Can Offer You...

- Enhanced individual and group communication skills
- An opportunity to learn about and work with a diverse population
- Individual challenges, growth, and accomplishments
- Increased knowledge about the campus community
- Free Single Room, Seven Day Meal Plan, and Laundry



Minimum Qualifications

- 2.0 Cumulative GPA at time of application
 - Two terms of Residence Hall, or a comparable group, living experience by end of Spring 2006
 - Two terms of attendance at MSU
 - 24 Credit Hours successfully completed by end of Spring 2006
- For more information, talk to your RA, RD, or the Residence Life Central Office!



Keep your New Semester Resolutions

SHAYNA GIBSON

EDITOR

The beginning of a new semester is an extremely optimistic time for many students; the clarity of hindsight has added insight into personal strengths and weaknesses, and the start of class might even sound like a nice change from the winter holidays.

Everyone knows at least one person of their scholastic lifestyle who they could improve, but it's not always just a matter of willpower. Sometimes, breaking bad habits requires special means. In all, it is much easier to trick yourself into better behavior than to just dive head-on to saintliness. Who really wants to be a two-shoes when rebellion and minor self-destruction are so sexy? Hopefully, with a few tweaks, minor adjustments, and vigorous moral support, you can find a healthy balance and procrastination.

You put off writing this article at least because procrastination is a character flaw, it's an art. However, it's about as useful an art as painting cows with sweet red and screaming Lynyrd Skynyrd on them until they stampede. The only difference: procrastination does not usually moo. You actually get anything important done, even though it feels as though you've been putting yourself in mortal peril while in the process of trying.

In order to break the habit, you put yourself in a working environment that makes you feel productive. It's good if you're comfortable, but not too comfortable. Be within reaching distance of different resources and distractions, only a few of which will fall into the categories of "microbrew" or "naked." One's ideal working environment

is different. Don't plop down at the library if quiet people and rows of books make you claustrophobic. On the other hand, very few people are going to be able to crank out an essay at the Pour House over a basket of wings.

Knowing that other people are also working on things can help you fight procrastination. If not a study group, have a few random bystanders to listen to you give a running commentary on your progress. If you can't find three-dimensional people willing to listen to each step in your collegiate process, there are bound to be a few people on the Internet who have reached such great heights of procrastination that they'd rather listen to you talk about what you're doing, rather than actually doing something themselves.

Start on every assignment right away, no matter how far away the due date may be. Commit to the decisions you need to make to get started, and write an outline to help you determine how much time you need to finish your goal. Check out a book pertaining to your topic, or print research off the Internet. Try writing your thesis sentence or introduction. If you get just one of these things done right away, the desire to wait until the night before your project is due will slowly ebb away. An added bonus to doing this is the feeling of being ahead of most of the other people who have not started on their assignments yet.

Think of each step not as a tiny annoyance that has to be addressed, but as an epic battle against the evil overlord of busywork and corporate hoop-jumping. Each time you get something done, you strike a crucial blow against the man and earn yourself some guiltless freedom.

Reward yourself with the



Photo by Kevin Ludwig

joys of procrastinating only after you've finished one task on your list. That way, your brain gets a break, you get to have fun, and things still get done. Active procrastination often takes place on the Internet, in front of a television, while sleeping, eating, or socializing. If you're on the Internet, don't go straight to

myspace.com, youtube.com, facebook.com, livejournal.com, your e-mail inbox, or any of your favorites before you get at least half of your project done. For breaks leading up to your nuggets of binary gold, go to places like homestarrunner.com, cuteoverload.com, or procrastinatorhelp.com. Set time limits to help you get back to work after 15 or 20

minutes. That way, you give yourself enough time to take a nap, eat a sandwich, make a phone call, or engage in all sorts of other glorious procrastinations. Evade Stress.

Stress is triggered by many stimuli, over which we have little or no control over. The one way

SEE NEW SEMESTER PAGE 16

expoFILE

What do hope the Spring semester has in store?



"Snow."
-Gary Allen,
Alumni



"Greased weasels."
-Bonnie Robertson,
Alumni



"New York
Cheesecake."
-Ryan Flynn, Soph.

16 ARTS & ENTERTAINMENT in·spired

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an extension of...
Montana State University's
Literary and Arts Publication

The Cutting

Watering this one naked plant
Newly taken from its mother,
Now standing alone
In soil of my making

I feel the heavy
Weight of water soaking
Past a rootless stem
Through the pores of aging
skin,

Beyond the tissues of
distinction
And the boundaries of the
kingdoms,
Taking us back
Once again
Into the ocean.
-Ronin Davis

We Work Together

I like to go to work
because you do too,
well, I can't say,
maybe you don't;
but you do go, everyday
we sit side by side
in the car, we share the same
air,
on the road
we see the desperate
dart and surge of single drivers,
their lonely hands on the wheel,
and I feel, if not exactly happy,
glad to have you there.
-Ronin Davis



Illustration by Shayna Gibson

New Semester: Same old \$#*@!

CONTINUED FROM PAGE 15

to battle everyday anxiety is too make a habit of taking a little bit of personal time. Instead of waking up 10 minutes before class and going prematurely bald trying to find a parking spot, wake up half an hour earlier than you think you must. You can use the extra time to choose the way your day begins – do yoga, watch one episode of *Saved by the Bell*, take a long shower, eat an actual breakfast, or even go back to sleep. The point is not to wake up earlier; it's to do one thing that you choose before going to do things that you are obligated to do.

Try listening to that little voice that resides somewhere between the back of your mind and the pit of your stomach once and a while (the one that sounds a little bit like your mother). One more beer/level party/hour/lie is usually not worth your sanity.

Burnout is the angry, drunken, hairy, hillbilly cousin of stress. Burnout is what happens when stress is left unchecked for too long – kind of like how an untended cold can become pneumonia, or one too many hookers can give you gonorrhea. University life forces student to understand their stress limits, but being a student does not have to kill you in order to make you stronger.

Try to get a decent amount of sleep, and nap intelligently. It can feel great to sleep away the afternoon with no alarm and no regard for responsibility, but if you do it on a regular basis, not only does it throw off your body's natural sleep schedule, it also starts to lose its fun. Take short naps and wake up to the next thing you want to get accomplished – the next chapter you need to read, paper you need to edit, car keys, towel, or cell phone should be in easy to reach distance from wherever you fell asleep. If you see what you are waking up to do, you may feel more inclined to hit the snooze button, but you are less likely to actually go back to sleep.

Caffeine is part of the biological make-up for most college students, but it can make focusing more difficult. Before reaching for the Mountain Dew, try a big glass of water and a piece of fruit. Soda and coffee do little to hydrate or revitalize you, while water and natural sugars can energize you without making you jittery. Get better grades.

The best thing you can do to improve your grades is to actually go to every single one of your classes. Doing so is not easy, and it's not even fun; half of the time you could accomplish more by skipping class and save your sanity as well. However, missing class not only takes a toll on your ability to learn the information that you will be held responsible for, it also lowers your desire to participate. If you miss one class, it's easier to miss a second, and a third. I have found myself maxing out my absences in attendance-required classes before the third week of the semester. The early weeks seem unimportant because students are often required to do little work while the class gets organized. It seems like an easy time to make excuses with the confusion that adding and dropping classes can provide. Take it from me, if you set your class-attending standards low early, they will just keep getting lower, and while you might feel empowered by the amount of quality time you are spending with World of Warcraft or Flavor of Love, in the end you are hurting yourself in irreconcilable ways. Reward yourself for good behavior with a mental health day after spring break. Taking a three-day weekend or a ski day feels great if you have earned the right to play hooky without wondering whether or not it's worth it to break your own leg in order to get a second chance at credit for the class you didn't want to go to.

If sleeping through your alarm is a problem for you, give yourself wake-up enticement. Waking up to your favorite song of the moment or knowing that your favorite breakfast is waiting for you can make all the difference in the world. A lamp with a bulb that mimics sunlight can also help fight the desire to hibernate during winter months.

Get to know your professors. Not only does that give you even more incentive to show up to class, but you will also be able to get a feel for what they are looking for in the projects that they assign. Have a good time.

This is college. College should be of the craziest, most hilarious, and interesting times in a person's life. Deal with the stuff you have to do, so that you can enjoy all the extracurricular cow-relishing. If you do nothing on this list, (you get points just for thinking about doing some of it), or if you do everything on this list, make sure you come away from each day with one really great story. In the end, life isn't about grades or papers, it's about getting from point A to point B in the most extraordinary way possible.

BOZEMAN FILM FESTIVAL PRESENTS

\$5.00 students and seniors
\$7.00 general
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A FILM NOIR SERIES

Noir & then

All films shown @ 7pm in the Emerson's Crawford Theater. Ticket sales start @ 6:30pm.



Ernest Hemingway's The Killers January 16, 2007

Two professional killers invade a small town and kill a gas station attendant, 'the Swede,' who's expecting them. Insurance investigator Reardon pursues the case weaving together threads of the Swede's life, uncovering a complex tale of treachery and crime, all linked with gorgeous, mysterious Kitty Collins. With Burt Lancaster, Edmond O'Brien and the luminous Ava Gardner.

This tense crime thriller written by Ernest Hemingway, was considered his favorite script and nominated for four Oscars.

Guest Speaker: Valerie Hemingway



Rififi February 20, 2007

Tony Stephanois, just out of prison and angry at his girl Mado's infidelity, decides to join his pals Jo and Mario in an ambitious crime. With Italian safe expert Cesar, they meticulously plan the burglary of a large jewelry establishment. Not a word is spoken as the crime is carried out. And then things begin to go wrong...

Jean Servais as Tony achieved major stardom in this French masterpiece. At Cannes, Rififi received a "Best Director" award and was nominated for the Palm d'Or.



Brick March 20, 2007

Student Brendan Frye, a teenage loner pushes his way into the underworld of a high school crime ring in Southern California to investigate the disappearance of his ex-girlfriend. He chooses action over words, knows the angles and yet prefers the role of "outsider" as he digs deeper into the complex social strata of rich kid snobs, intimidating bullies, substance abusers and of course a sophisticated femme fatale.

Brick puts a contemporary face on the classic genre and received the 2005 Sundance Film Festival Special Jury Prize.

keep 'em flickering!

For more info visit www.BozemanFilmFestival.org

Back to School EXTRAVAGANZA!



Local Art &
Live Music

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Sub Ballroom A

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Life on the open road has no boundaries for Bob Wayne

NICOLE MARQUARDT
OPINION WRITER

Imagine yourself putting on a metal band t-shirt, hiding a copy of Jack Daniel's in your left hand, and loading up to go to a Hank Williams III show, with only the hope that you can squeeze away to the front of the rowdy, rowdy country crowd. Now, imagine that it's a year later and you've just cut an album (for the Station and a coffeemaker) with Hank III, grandson of famed country legend Hank Williams, as the absolutely legendary outlaw player, Donnie Herron, at his house in Nashville. Seemingly surreal? Hell, Bob Wayne says it is and this is his life. Wayne has been on the road for the past two straight years with only short breaks in between. I was able to catch up with him and see how rock stars live, well, at least how cowboy stars live at Livingston's Cowboy Hotel, which is pretty much the presidential suite. Damn.

although, as he says, "I'm half-way between Seattle and the highway." I take this to mean his heart and soul as much as his physical presence.

Now . . . back to the night that Bob Wayne and his friend, Mike, geared up in typical outlaw garb and went to see Hank III. Fortuitously for Mike, Hank's tour manager had just quit, and, after some talking and drinking, the job was his. Wayne stayed in Seattle and Mike finished out the tour with Hank III and Assjack, beginning next year's tour with a little experience and a lotta fire. Somewhat predictably, heads had to butt at some point on Hank III tour and half-way through the line-up, Assjack's guitar tech quit. As is typical of the music industry and miscreant poor white trash, the resignation notice was a highly articulate, post-it note on the fridge that said, "F*** You, I'm out." That same morning, Mike called Bob Wayne, and told Hank he had the perfect man for the job.

The rest is almost history, although I've left out the miracle of the story. How did Wayne

go from setting up guitars for someone else to cutting albums at Donnie Herron's studio in Nashville? The answer can be summed up in three words that describe a favorite pastime of any musician's life on the road: Pass the Guitar.

During one of these 'passing' sessions, Mike told Wayne to stop screwing around and throw down one of his own songs. So, as Wayne puts it, "I played some Bob Wayne style songs and Hank asked if they were mine. I told him they were and he said, 'Well, what the hell are you doing setting up guitars? I'll have you on stage in the next year.'"

Although Hank Williams III may be a morally dubious man in God's eyes, fate couldn't prove him to be a liar this time. He asked Wayne to open a few shows for him during this tour and Wayne assembled a band from the musicians on tour with Hank and did just that.

"I started out roadie-ing because I wanted to be out on the road. I remember thinking, 'Man, I will do whatever it takes to be out on tour.' And, of course, I've always had the



music in my blood and the writing - Hell, I played with lots of small bands that never made it anywhere because we were all too f---ed up." Now is probably a pertinent time to mention that Bob Wayne has been sober for the past couple years - except for nicotine, caffeine, and pussy.

You wouldn't guess it from his song lyrics or the outlaw crew he hangs with; nevertheless, Wayne's sobriety is not merely a testament to the strength of his willpower. It is an example of one individual's recognition that years of self-deluded wastedness, with illusions of a pend-

ing destiny involving greatness, were just that: a delusion.

Wayne's lyrics reveal a refreshing candor about many topics, his sobriety sometimes being one of them. Similar to how it is on stage, his one-on-one persona is in your face with some topics and practically passive on others. With three albums written and recorded in eighteen months, Bob Wayne, true to outlaw style, rides into the sunset with a vast American countryside ahead of him and everything left to capture - most especially, the rebel souls who have yet to hear his music.

Dane Cook's Vicious Circle: Some Hilarious Shenanigans

STEF HANDE
OPINION WRITER

Many moons ago, sometime around about four years ago, when he became an über-god of comedy, Dane Cook made an appearance in the Student Union building. I had been a huge fan of his since I had first seen him a couple of years previously on Comedy Central Presents," so I was first in line to see him. That night, I was sad to see that the ballroom was about half-full. The next night, Lewis Black made an appearance, and the room was sold out. Now, four years later, Vicious Circle opens on the NBA game of the year, a scream-filled, sold out Madison Garden; if Dane Cook made another appearance in the arena, we would need to use the Fieldhouse instead of the arena and there would still be people sitting on the floor.

Now he finally has a DVD released for our home viewing enjoyment. "Vicious Circle" is a two-disc pleasure set. Obviously, watching a stand-up comic on television is never as funny as watching him live, but I always get a kick out of Cook. His animated antics and pouncing around while screaming and shouting is hilarious. Even with the revival of a few old pre-fame jokes, he was still very funny.

Aside from the opening, the revolving ceiling-cams throw you slightly off at first, but, thankfully, director Marty Callner didn't use them any more than necessary.

In the uncut "DANEgerous" version, Dane discusses the dangers of lying, roommates who love their ice cream, and what happens to your psyche when you cheat on your lover.

He describes in detail how the feminine gender can beat men in an argument every time. At first, I thought, "Whatever,

we don't do that." But as he delves deeper into the argument description, I thought... "Whoa... he's giving away our secret!" This revelation was followed by some hardcore laughter.

Most of Dane's shenanigans involve criticising dating and relationships. The stories are so detailed, you wonder how many of these events he's actually suffered.

One of the funniest parts, so funny that I had to rewind it and watch it two more times until my laughter would last no more, is when Dane makes movie trailers with his hands. I guess that after all the running and dancing around, he needed a two-minute breather, which was fine. His hands and fingers are excellent representations of an action flick and a Cameron Diaz bomb.

The naughtiest of Dane is toward the end, when he discusses sexual relationships and one-night stands. Wonderful

close-ups of Dane's perfectly shaped bottom made me feel that, if the speakers ever go out on my television, I will still have something fantastic to watch in silence.

Later, he's interrupted by two girls. You know the type: those idiot drunken girls that dare each other to rush the stage and confess their love for the star. Dane asks the girls to make out with each other, something they are all too quick to do. Sure, it's something for everyone of both sexes and any orientation, but this seemed a little staged, considering it happens when Dane's trying to talk about his mother. It still made me laugh, but this is the only part of the show that seems a little too contrived.

There are only a few special features on these discs. One is the Boston Cook Party, which is a documentary of Dane just hours before his performance, with some short clips and sound bites of Dane and Marty Callner

discussing Dane's status, the origins of the style of the show, and the idols that inspired Dane into comedy. The comedians offer insights into how Dane discovered his personal style and all sorts of other things that should be boring but maintain hilarity. After watching this documentary, you catch a glimpse of Dane backstage as his introduction is being announced, and you discover that even though he wasn't ready to go on stage he still knocked out a sweet act.

A highly recommended DVD, watch it with friends or watch it alone - just watch it!

10 Things I Learned from Vicious Circle

- 1.) Women are mental terrorists.
- 2.) You cannot evolve into a higher species if you lose your place in a darkened theater.
- 3.) The drunk guy in the red shirt spells stupid.
- 4.) If you eat your roommate's ice cream, go buy some more before they get home. Wars may ensue if you don't.
- 5.) I'm very afraid of the stickiness in the movie theatre floor now.
- 6.) Girls, next time he asks, "Do you like that?" tell him no, just to see his response.
- 7.) Unless you want to show off some skin, don't tell Dane it's your birthday.
- 8.) Every time I see Halle Berry, all I see is her on a toilet with her Oscar.
- 9.) "I did my best!"
- 10.) If you're an atheist, don't be a jerk if someone says, "bless you" after you sneeze. It's just a polite thing to do, and if you are a jerk, they might turn you

Alliance Theaters	
CASINO ROYALE PG-13	10:05
ERAGON PG	12:45, 3:05, 5:20, 7:45
CHILDREN OF MEN R	1:10, 3:45, 6:15, 8:40
CURSE OF THE GOLDEN FLOWER R	3:30, 4:15, 6:45, 9:30
GOOD SHEPHERD R	12:15, 6:30
FREEDOM WRITERS PG-13	1:30, 4:30, 7:25, 10:25
OH HAPPY N EVER AFTER PG	12:35, 4:40, 7:50, 9:45
NIGHT AT THE MUSEUM PG	12:30, 3:00, 5:30, 8:00, 10:30
PRIMEVAL R	12:50, 3:15, 5:35, 8:10, 10:20
DREAMGIRLS PG-13	1:00, 4:05, 7:15, 10:15
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Calendar of events

Thursday
JANUARY 18

Call for Artists!

Contribute to a Bozeman tradition and help raise money for the Emerson at the same time! The third annual Art Swap and Chair Auction will be April 19, 2007. We're seeking inspired local artists to embellish historic wooden chairs from the original Emerson theater. Chairs will be sold by silent auction, with proceeds going to fund the Emerson's exhibits and education programs. Interested? Inspired? Call the Emerson office now to arrange chair pick-up: 587-9797.

Equinox Presents Third Annual Original One-Act Play Festival

In support of the local groundswell of theatrical talent, the Equinox Theatre Company presents its third annual one-act play festival, Thursday, Fridays and Saturdays, January 18, 19 & 20 and 25, 26 & 27, at 8:00 p.m.

The Equinox Theatre is located at 2304 N. 7th, across from and a little north of Murdoch's. Tickets are \$10 and can be reserved by calling 406-587-0737, and leaving a message on box 1. (For Mature Audiences Only)

Friday
JANUARY 19

Glass House Women's Photography Group

Join a lively, fun discussion of photography Monday, Jan. 29. Hosted by the women of F-11 Photographic Supplies the group meets at 6 p.m. January's guest speaker is Nicole Rae. Bring your love of photography and a willingness to share your ideas and favorite techniques in a safe and supportive environment. The group will meet monthly. Meetings will include: guest speakers, topical discussions, critiques over chocolate, collaborative art shows, photo workshops and more. Your first meeting is FREE! Subsequent sessions are an

affordable \$5, to cover the cost of guest speakers, snacks and other essentials. To learn more about other this and other F-11 workshops visit www.f11photo.com or call 406-586-3281.

Monday
JANUARY 22

Winter Art Classes at Bear Canyon School of Art and Craft

The Bear Canyon School of Art and Craft announces its Winter schedule of classes beginning Jan. 22, 2007 and include sessions in Jewelry Making, Lost Wax Casting, Handmade Paper, and Stained Glass among others. Classes will be held in the studios of the Bear Canyon School. Schedules are available by contacting Ken Bova via email and including the subject heading "Bear Canyon School" at kbova@earthlink.net.

New instructor Julie Barnes will be offering "The Web," a workshop for children introducing them to the colorful, rhythmic, textured world of weaving. Vicki Fish will be presenting

"Inside the Box," a new class on transforming ordinary objects into something rare and remarkable as students explore the use of the box to make art. Also new this session is a short series of jewelry workshops. New instructor James Goehrung will be offering a special one-day workshop "Faceted Stone Setting," which will cover a number of faceted stone setting procedures and technical tips.

New instructor Craig Muderlak will be offering a Handmade Paper class where students will process various plant fibers for making handmade paper and learn how to form sheets and the properties of the different plant fibers used to create paper. To register contact the School at 406.587-5062

Tuesday
JANUARY 23

The Skin I'm In

In Honor of Martin Luther King, Jr., a Lecture titled: "The Skin I'm In: On Privilege in America" by

Dr. Robert Jensen, journalism professor at the University of Texas, Austin; author of "The Heart of Whiteness: Confronting Race, Racism, and White Privilege"; and social justice activist. His lecture will address questions of race through a critique of white privilege and institutionalized racism. The Lecture will be Tuesday, Jan. 23, 2007 at 7:30 p.m. in the SUB Ballrooms, MSU Bozeman. This event is free and open to the public. For more information call 994-5801. Sponsored by the following offices at Montana State University - Bozeman: Diversity Awareness Office, Office of Student Activities, ASMSU Lively Arts and Lectures and the office of the President. Robert Jensen's website can be found at <http://uts.cc.utexas.edu/%7Erjensen/index.html>

Friday
JANUARY 26

Tony Furtado Band

The Grand National Banjo Champion and master slide guitar player and jamming band plays Americana-bluegrass-rock-blues

fusion at The Historic Livingston Depot, 200 West Park Street Livingston. Doors open at 7:00 p.m., show starts at 8:30 p.m. Tickets are \$17 and are available at Murray Bar and Books Music, Etc. in Livingston, Cactus Records in Bozeman and www.porterhouseproductions.com and www.tonyfurtado.com

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	4		2	1			6	
		3	8			7		
						1	3	5
3	8						7	2
7	1	6						
		9			8	4		
	3			4	5		9	
5			7	6				3



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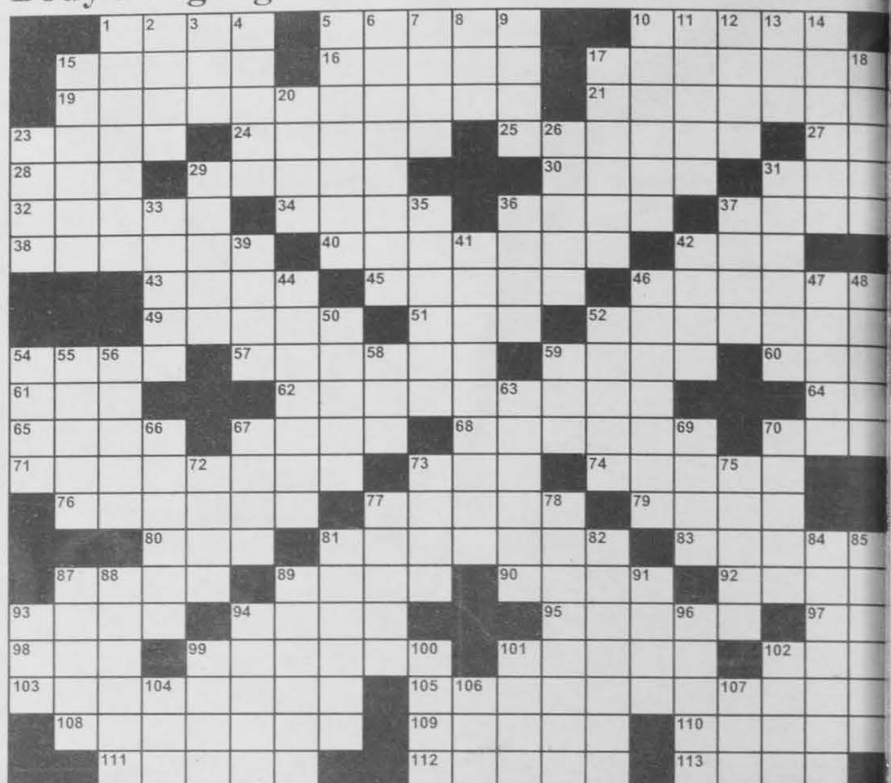
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ACROSS

- 1 Pace
- 5 Following
- 10 Endures
- 15 Ralph Emerson
- 16 Word with news or contact
- 17 Tire choices
- 19 Labor lubricant
- 21 See ___; agree
- 23 Welsh market town
- 24 Idle and 'the Red'
- 25 Private's insignia
- 27 Finale
- 28 Alias initials
- 29 Jefferson Airplane's Grace ___
- 30 ___-and-peck
- 31 Swear
- 32 Park seating
- 34 Precinct workers, for short
- 36 'The ___ of Solomon'
- 37 Born and ___
- 38 Lancelot's boss
- 40 Ties
- 42 Arthur, of 'The Golden Girls'
- 43 Heating sys.
- 45 Attracted
- 46 Snarl
- 49 Band trailer
- 51 Berliner's one
- 52 Catamaran features
- 54 Stick around
- 57 Sharpshooter
- 59 Prude
- 60 ___ contendere
- 61 Dressing ingredient
- 62 Ottoman
- 64 Perceived
- 65 Mr. Domino
- 67 Baby gear
- 68 ___ the pump
- 70 Fraulein's refusal
- 71 212 or 415
- 73 Prior to: prefix
- 74 Shorthand writer
- 76 Actress Dahl
- 77 San Francisco player
- 79 Messy one
- 80 "Little piggy"
- 81 Cricket cousin
- 83 Mrs. Marcos
- 87 Gets an "A"
- 89 Actress/author Angelou
- 90 Fall in flakes
- 92 Wide awake
- 93 Mild expletive
- 94 Ruth or Didrikson
- 95 Work with dough

Body Language

Edited by Linda and Charles Pre



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- 97 ___ whiz
- 98 ___ the lifeboats!
- 99 Gossips' stock-in-trade
- 101 Wherewithal
- 102 Pass the target
- 103 Barbecue delight
- 105 Lovers
- 108 Food
- 109 Lauder of cosmetics
- 110 The ___ bird ...
- 111 Gather
- 112 Acts
- 113 Graf ___

DOWN

- 1 Chivalrous
- 2 The Duchess of ___
- 3 Bachelor's last words
- 4 Drying cloth
- 5 Rose-family fruit
- 6 Covered with spots

- 7 Spanish aunts
- 8 USNA graduate
- 9 Hwys.
- 10 Putting down
- 11 Proficient
- 12 Locus
- 13 Lao Tzu's truth
- 14 Place to wear a heart?
- 15 Less strong
- 17 Summer TV fare
- 18 Church council
- 20 Clasp
- 22 Abbreviation for Murrow's given name
- 23 Ali ___
- 26 Rose's drawback
- 29 Football coach of note Don
- 31 Catherine of ___
- 33 Like caramel
- 35 Boulevard or avenue
- 36 Stitched
- 37 Twisted

- 39 Legis.
- 41 1988 Divine film
- 42 Gun sound
- 44 Share secrets
- 46 Restrooms
- 47 Not binding
- 48 Chou ___
- 50 Daughter to Tantalus
- 52 School dances
- 53 Planted
- 54 Divan
- 55 Headpiece for a princess
- 56 Change
- 58 Photog. print
- 59 Hawaiian finger food
- 63 Societal directions
- 66 Like some peanuts
- 67 Mother Hubbard's quest
- 69 Cold-cuts store
- 70 ___ Peace Prize
- 72 Execs.
- 73 Pocket bread

- 75 Wanderer
- 77 Merrier
- 78 Tweaked
- 81 Skewered treat
- 82 Gives to charity
- 84 Readable
- 85 Fancy
- 86 Actor Roscoe
- 87 Slack-jawed
- 88 Niagara-on-the-Lake's locale
- 89 Mrs. Eisenhower and Ms. Van I
- 91 Departed
- 93 Typesetting unit
- 94 Tree outgrowth
- 96 Fireplace resin
- 99 Singer McEnt
- 100 Took off
- 101 Spouse
- 102 Oliver Twist's request
- 104 Edge
- 106 Ending with J
- 107 Two Live Crew style



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