

cahill-justin-2018-10-18.mp4

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Justin Cahill [00:00:09] I'm the manager I've come on as the new manager to the shop and apart from being a manager in this shop, I love fly fishing. But I've been tasked with actually bringing this shop back to predominately a fly fishing shop. Like our core business is definitely fly fishing but over the last, say five to seven years, it's changed direction a little bit. And you know I've been tasked to actually bring it back to fly fishing which suits me down to a T 'cause I passionate fly fisherman, love it.

Justin Cahill [00:00:42] I think, in my ex- like I've fly fished for 30 years, and across the board and I've of worked in tackle shops near on 20 years in Australia and of course here. But you definitely is a mindset mentality with guys that bait fish. It's about meat. It's about filling freezers it's about taking as much as you can. So even though they say they're conservation, conservation minded that they kind of not have that mindset where guys that fly fish? It's all about, it's all about looking after the resource and looking after the fish and they almost hold the fish in a reverence which I really dig and I get 100%. It's about looking after, and re-catching which I think is very very important. So without a doubt I think that midset from bait vs lure vs fly, there is that sort of catch and kill and put them in the freezer as opposed to seing them swim off at the end of a good fight.

Justin Cahill [00:01:39] Absolutely. For sure. I think it's, I think you gotta be very careful when you say you're conservation about, you want to put everything back. As long as you stay to what the the set bag limits are for the particular area that you're fishing. And because the general rule of thumb is the fisheries department do a fantastic job of managing the fishery, and it's a resource and the resources there to be used, without a doubt. And I think as long as it's managed. And as long as you do the right thing. Yeah. There's nothing wrong with taking to feed. But I think I kind of take exceptions to the guy that, guys that want to go fishing every single day. And really want to take a ton of fish. But to give out to everyone else, and I think that's, that's a wrong mindset. I think it's, it's a user. If you catch it use it yourself. Don't shove it out to everyone else you know what I mean? Look there are certain situations where people say "I'm a, you know, dad and I've got you know family that want to eat," or "I've got a grandma that can't go out fishing and loves fishing," then, that sharing thing I think is important. But I think within reason. You know, not taking you know, 20, 30 fish above your bag limit. Or even five or six fish above your bag limit is very important.

Justin Cahill [00:02:48] It's the, it's the environment. It's the caliber of the fish you catch. It's, it's the eat. It's the visual, it's where you fish. There's something unique about New Zealand, like I moved here because of my beautiful wife. I met her about five, six years ago and one of the first conversations we had: "would you consider moving?" And before she even finished the sentence, I went, "yes." Because of the fly fishing is like, New Zealand to me is Mecca. And it hasn't let me down. It's such an amazing fishery, from the local streams like it just about 99% of the water in New Zealand holds trout. And good trout. And in good numbers. You know? Like three and half hours from down the road from Auckland you've got the Tongariro which is just world famous in relation to its winter run. You've got local streams that are stocked beautiful. And good thing about them, they're not

triploid fish. They're actually self breeding fish. So the fact that you can go out an hour, or two hours from Auckland and catch a great trout is just amazing. You know if you haven't done it, you need to come across because it's brilliant. It's really good.

Justin Cahill [00:03:55] There definitely is waters that, and I'm not privy to all of them right, but there definitely is waters where they do stock fish. And they do help the fishery. A lot of, a lot of lakes are stocked where they haven't got access to, obviously fish can run up rivers to breed, because obviously you know trout need to run up rivers to spawn. And that's, again, is a stocking type situation. But the job that the field, uh, Fish and Game have done here in relation to looking after the fisheries is second to none. And the funny thing about it, you could be in the middle of nowhere. And you'll have a Fish and Game guy come up to check your license because obviously you've, you've gotta be, it's a licensed fishery. And if you're not catching fish, the guy will ask you, or the girl will ask you, you know, "what fly are you using? Where're you targeting? What are you chasing? How are you doing it?" And these guys all fish. So they will actually help you, they want you to catch a fish and they want you to have a great time. So yeah, you know, kudos to them for the job they're doing you know? But there's certain places where, look I love still water. So New Zealand's known for the rivers and known for obviously you know Tongariro and, you know, the [unintelligible] and also the really good rivers and the (unintelligible) and all sort of places. But the still water fishery, again, is second to none. Like you can fish lakes here and just do nothing but lakes and have a great time they're good big fish. Fat healthy, great condition fish.

Justin Cahill [00:05:12] We've got a really, yep there's Brook Trout, there's Tiger Trout. There's a lake probably about three and a half hours from here that actually stocked well with Tiger Trout which is, haven't caught one yet, it's on my bucket list. Want to do it.

Jim Thull [00:05:22] Tell me a little bit about the Tiger Trout.

Justin Cahill [00:05:24] Tiger's really unique. It's, uh, the patterning on it obviously looks like, it's almost like a camouflage type pattern. But they kind of look, when they're young, they kind of look a bit like Dorado? South American Dorado? But it's the mouth that unique on a Tiger Trout, they've actually got a second row of teeth inside. But apparently that, and I haven't caught one so I can't speak from experience, but the actual take apparently is amazing. They hit hard and then they sort of, you know, almost give up the ghost a little bit, but it's all about the eat. But it depends on, to answer your question about: is it more Rainbows or Browns? It really depends on the water you're fishing. I've been in waters where I've caught both, and on consecutive casts I've caught Browns and Rainbows. But the Tongariro predominantly is a, is definitely a Rainbow. And Steelhead. There's Steelhead fish. They actually come from New Zealand. Sorry, from, into to New Zealand from Tasmania. Over in Australia. So they're actually Aussie fish, or we bred back from California. But they're the Steelhead variety so small head, big bodies, you know? And then the other Rainbows you'll get are just your standard Rainbow Trout. But the Browns here is, the Browns are the class fish. Their, they sort of be a cut above the blonde, above the dizzy blondes, as we say. They're the ranked highest but.

Justin Cahill [00:06:42] It's a good question. And, to give you a ratio, I wouldn't know? You know what I mean? But there definitely is people who do like to, 'cause can't actually buy trout to eat New Zealand, you've got to catch it. Which I think is a good thing, it protects the fishery as well, so there's no actual commercialized targeting of fish. But there's definitely prob- look, if you were put a number on it, probably 70-30? So 70 catch and release, 30% obviously that, the take homes. But the fishery is a lot of, there's a lot of

transient people that come in. Obviously guys like yourself that come in from overseas, and we welcome them. Absolutely welcome them. And it's fantastic to see guys coming in because it's a great resource and we love sharing it. So from that point of view a lot of fly fishermen that come over, and women, that come in from overseas, do practice catch and release which I think is good. But going further back to one of the questions you ask about people taking trout is that something they do? I think it's important in a fishery from from a size point and the density of fish to actually take trout, or take fish. And staying within those bag limits. And there's nothing wrong with that, you know what I mean? Because trout's obviously you know, river fish are beautiful eating. Like they have ensational eating, especially smoked up, they're really good. And I think that actually helps the population in the river. Because if there's too much feed, too much fish. The competition for food is up there. It stunts the growth rate so you don't get the really big fish that New Zealand is famous for.

Jim Thull [00:08:07] You always want that pyramid right?

Justin Cahill [00:08:08] Absolutely.

[00:08:10] Few big fish. Lots of small and...

Justin Cahill [00:08:12] That's it. It's about balance. You know what I mean? It's about, you know it's about managing the fishery in such a way that you can have the, because there's definitely trophy fish here. I fished a place called Lake [unintelligible] which is in the Tapau region. Right? It's, it, they call it you know you obviously seen South America, you know the Jurassic, Jurassic Lake? They're massive fish. Like the fish average, the starting fish starts at about six pound. And they're generally Rainbows. A friend of mine got one at 12 and a half pound, but just their not overly long fish, but just fat and healthy, you know? So it's, it's just it's such a wonderful place to catch a good fish.

Justin Cahill [00:08:55] Look I, ok obviously from the accent I was I lived in Australia for 39 years, but I was originally from Ireland, but over there, there's not a... I probably count maybe on the one hand the amount of women I've actually seen pick up of fly rod. As for other races, not really, and I think that's sad. Because it's such an amazing way to fish. But here's a bit different. Here's amazing. Like the Maori people. I've definitely seen guys picking up fly rods. We've got a couple of great Indian customers that come in, that fly fish and are exceptionally good fly fisherman as well. Women? Definitely, there is a growth in women. Probably the last two years I've seen, which I think is wonderful. But I teach casting. And as blokes we tend to want to just muscle everything, you know what I mean, we just power into it and that's what guys do. There's a certain finesse that comes in fly casting that women really pick up. And from a teacher point of view? Incredible. They just learn really, really well. And they, I think the funky thing about women in fly fishing as well as they bring a real good Zen aspect to the sport. It's not just about catching fish, it's about the environment and being there and being part of it. And I really dig that side. You know it's a really cool cool side of the sport.

Justin Cahill [00:10:14] I think any sport, without a doubt. You know, you've got a chance of things dying out if it's not fostered. You know, so from the kids getting into it? Absolutely, I think it's so important. Fly fishing is kind of funky though from, like I say, because the whole thing is about casting it's about delivering of that fly to a target. I think you need, it's almost like it's a skill that is learnt? And the, the earlier it's taught, the better it is. So look, New Zealand's unique like that, because kids definitely want to get into, get into sport and get into the, into the fishing. And I think that's a good thing. But here I haven't seen a lot of

kids come through the door. But I would encourage it 110%. So much so, probably later on down the track when I settle down and get into the job more, we'll probably end up doing seminars that are targeting just for dads and mums that want to bring kids in actually learn the sport. I think absolutely foster it like you wouldn't believe.

Justin Cahill [00:11:12] No. Which is really sad. There is fly clubs. And fly clubs obviously do foster ladies, and foster youth and lots of stuff, but not as much as they should. There's a couple of suppliers here that bring larger brands in that would do a good job in relation to fostering kids and all that sort of stuff, but not as a direct target market. If you know what I mean?

[00:11:38] In, um, in Commonwealth law there's a thing called easement, or catchment easement. And that's basically, they're granting access to a river. But I think it comes down to common courtesy. And I think that's, unfortunately, in today's day and age it's, it can be something that's, that's forgotten about and I think it's vitally important. And what I mean by that is like. If you want to access a farmer's land, just knock on the door. The guys are more than happy, oh and ladies as well, are more than happy to actually let you fish their land, but it's just a common courtesy. Knock on the door say "look you've got a beautiful river do you mind if I go fish it?" Look one out of 100 might turn around say "nope, don't be on my land" and it's only generally because of issues with people before. You know what I mean? Not doing the right thing. But the Fish and Game guys here, again, what they've done, have you ever heard of a style? Basically if you've got a fence right, a style is a way that you can get over the fence without actually jumping it with your waders on, it's basically just boards that go over the fence. So if you turn up to a bit of a river that you want to fish, and there's a style going over the fence it's generally accepted that that's how you access. But the common rules it's like, coming from Australia and going out bush, if a gates closed, close the gate. If the gates open, leave it open. And that sort of stuff but common courtesy goes a long way to actually granting you access to the fish. For sure. But a lot of, the funny thing is like, the funny story. I came over here first about four years ago with my bride-to-be. I want to have a look at New Zealand because obviously living in Australia, to move across to me was a big thing. But I wanted to have a look around and, to get the feeling of the country. And I fell in love with the place straightaway. It's good, it's got that grip on people. But when I went to the Tongariro, it's a classic, you see all the pictures in the magazines of beautiful wilderness river and it's beautiful bush and it's this, but you turn around there's houses right at your back. So it's kind of a funky perception thing but the general rule of thumb, it's such a stunning place to fish. And access is easy. You don't need four wheel drives. Right? Fish and Game guys produce, which is the book that you grabbed before, how I find my fishing here is I just opened the book, found a bit of waterway, Googled it, found it on the map and pretty much drove straight to it on a sealed road which is wonderful. South Island I think is a little different though, I think because it's, it's more of a hillier country. I think you've got like four wheel drive access an ordinary thing there but it's still places you can drive straight to, so, camper van hire here? Grab a camper van, off you go and fish. Friend of mine, Gary, he ran a tackle store over in Aussie, he basically came over here and took him, took him two weeks to go 30 K's. Because all the waterways he had to fish. Stop there's a fish there, had the fish for that. His wife actually got kind of annoyed but that's what happens when you come to New Zealand, you fish.

Justin Cahill [00:14:36] I'm originally from Ireland. And we've got a bit of hallowed ground, a place called Loch Mask, which is in the West of Ireland. And my family used to always go across and camp there in August. So I actually picked up my first rod was, I was born in May and I had my first rod, or touched my first fly rod when I was, in August so three

months later. And pretty much fished all my life. I was lucky enough where, where I grew up in Australia, we had a next door neighbour, a guy named Nick, that taught me to sea fish. So I cut my teeth on ,you know, beach fishing, and you know throwing lures with big baits for sharks off the beach and everything like that. But fly fishing was kind of a funny, the way I sort of fell into it, I use to have a spin rod and I wanted to cast unweighted baits a distance to particular fish I was trying to catch. So I was using a spin rod and trying to actually get out. I said "there's gotta be a better way of doing this." Then I went to a local tackle store, talked to the boys behind the counter, and they said, "well, why don't you try saltwater fly fishing?" And that was back in '88, '89. I went "I'll give this a go." Took me six months, obviously I didn't put bait on it because that's just that that's probably just the biggest no-no in the world right, but it took me about six months to cast my, to catch my first fish on a fly rod and when I did, man I was hooked. There's just something so personal about hooking a fish on a fly rod and it's just incredible. And just landing that fish, gently popping the barbless hook out, and then just lifting the fish up for a quick look, and then back into the water making, sure your hands are wet and let that fish swim away, it's just. Yeah. Even to this day it still makes me giddy like a kid, I love it. And it doesn't, I asked a, sorry, I asked a friend of mine, gentleman over in Per- sorry, in Australia called Peter Morse, he is a master casting instructor. Hell of a good dude. I said, "Pete what your best fish you've ever caught on a fly rod?" And he goes, "the next one." And it probably took me about two years, and this sort of banged around in my brain, thinking 'what'd he mean by that?' And I get it. It doesn't matter about the size of fish you catch it doesn't matter about what the fish you catch. It's the next fish, and it's how you catch that fish. I think, going back to what I said about the women being like, bringing that Zen aspect into the sport? I think that's how I get it. It's not about the numbers of fish, it's not about the fish, it's about the being there, you know? And getting that eat is there's something special about the [unintelligible] zone. Hence the reason why I work in a, run, a great shop called Rod and Reel so.

Justin Cahill [00:17:05] It's, It's incredibly good question. I think fishing, fishing for me, defines me as a person, it defines me who I am. It, it's funny I get grumpy if I don't fish. I get a bit despondent if I don't fish? Like I haven't fished in, because of work, haven't fished in probably about three months and it's actually doing my head in. It's my reset. It's I don't know don't smash, I don't do, I don't do drugs. Even though I'm Irish, I don't drink that much. Contrary to popular belief, Irish sometimes don't drink much. And my reset is the fishing. That's how I ground myself. That's how I get rid of the negative energy. It's just something about it. And it's, to answer your question truthfully I don't know I really don't know. And I don't want to know. Because I think if you put a tag on something, you lose how special something is to you. Does that make sense? So because with, and the one thing I dig about, about fly fishing, it's not so much of the fishing it's also the casting. I'm a casting nut. I, there's something about seeing the magical loop just come off a rod tip and then if it ends up with you catching catching a fish that's brilliant, but if not just, yeah. There's something cool and Zen-like about chucking a fly around. Funny as it sounds. But yeah I think, I think it's only like fly fish- it's like surfers talk about surfing and getting away the surfer understands the surf, it's the same with fly fishermen and fly fishing women as well, you know? It's, it's just about understanding that whole concept of casting the fly rod it's just something really cool about it.

Justin Cahill [00:18:41] It's obviously, the biggest thing is the fish not being there. You know what I mean? I think that's, that's probably the most concerning thing, but... My background, like, from a cold water point of view? I've only been really sort of on trout fishing for probably about the last sort of 10 years. My background's mainly saltwater. But I think what's lucky about here is, a lot of the rivers are actually spring fed, come from

underground so you have the coolness to it anyway. But the funny thing about that species and about trout, like trout generally run from about 8 to 22 degrees(celsius) that, that's kind of their water temperature they like. They like the colder water, being New Zealand. Right? But of course I caught fish in 26 degree water over in Australia. You know in dams, it's so hot it's hard stand in. So I think it's, I think it's like a natural progression. They understand what the water is doing and they work around it, because if they want to live in it obviously they got to eat. And that's the thing but it's a scary proposition from what's happening in the world with global warming, and all that sort of stuff. I think because I've seen it over in Western Australia, and the reason why I'm commenting about the salt water is because I know about the warm waters more, but we're getting species that you'd never think about catching, like northern species. Spanish Mackerel, you know? Sort of Shark Mackerel, Giant Herring, all those sort of species that, oh you guys call them Ladyfish? In America, yeah? They're predominately a tropical species but that's a capture that you're getting off Perth which is a, you know, a subtropical climate. It's bizarre. And even here, like the North of New Zealand, there's species coming down that, they shouldn't be here. You know what I mean? Global warming I think is definitely something that that's very impactful. Without a doubt, and I think, but I think the nature resilience of animals and everything is that they can learn to adapt as well. So that's something. That, I mean things are cyclic, things do change. The scariest thing about it, I think, is what we're doing to the oceans. Is that, you know, because one of my biggest bugbear, like haven't bait fish for so many years it's ridiculous. But walking the beach with a fly rod targeting fish right? And seeing the amount of bait wrappers that just are washing up it's, it's, it's... Apart from being disgusting, it's just really, really sad. You know? It's, it's terrible what what we as a species have done to the environment. And how we think, you know, as a person we go, "oh grrr, it's not right!" And all that sort of stuff but as as a group of people we tend not to overly care. And I'm not, I'm not, I'm generalizing, I'm not talking specifics about, you know, certain people and that sort of stuff, but it's just, yeah it's not nice. It's not. Absolutely, if I could ban plastic totally in any bait shops? I would, wholeheartedly. You know I mean? And I think it has to happen. You know, but and the thing about, from a, I suppose, a conservationist mindset as well, a lot of trout guys, and a lot of trout ladies as well. They kind of want to look after the environment? So you know little things like, there's a great New Zealand company called Smith Creek. And they make a little thing called a Trash Fish. And the idea is that it hangs on your vest. And what you do is, when your finished with your leader at the end of day, or any spare tippet that you have, you're putting into it. So nothing ends up in the water. And that's kind of that mindset which is really good. It's a great thing. Means you take it home and cut it up into manageable sizes, and you put it in the rubbish. And because it's not in a long line, you're not going to get issues with birds or anything picking up that stray line. So I think that's a good thing without doubt, you know. But from a cold water point of view, I think going back to what I said before about just the fish not being there it's like that's like take a tree - chest or something which, you know, that'll do my head in.

Justin Cahill [00:22:28] I went, I was lucky enough, my, my parents bought me a ticket years ago. And I went back to meet family and that was fantastic. But I wanted to go back and write an article. We've got a beautiful, Dan Blanton which is an American fly fishing dude, ties up a whistler pattern. And it's a fantastic saltwater pattern, but we've adapted it, we call it a Pink Thing. So basically it's just a white hackel with either maribou, or rabbit, pink rabbit, around the head of the fly. And it's an iconic barramundi fly in Australia and I wanted to go back and prove that I could catch pike on a pink thing. So I went into this beautiful shop in Temple Bar in Ireland, and spoke to a lady behind the counter and she said, "no, not going to happen. You're not going to catch fish on that, a saltwater fly, it's never going to happen." And I'm like, "ok." so when I got 36 I actually gave her the fly and said, "yeah it works." So it's, you know, that's. Actually that's a good point, if you, if

anyone's coming from overseas, to New Zealand don't change what you know. Don't try to reinvent the wheel in relation to techniques and all that sort of stuff. If you know how to catch fish in anywhere in the world, you'll catch fish in New Zealand. So a lot of people get intimidated by the bigger waters and you know, or even try the streams and all that sort of stuff, and about the fish, and they just get a bit mixed up about it. But you stick to what you know, you'll catch fish here. But Ireland? Fantastic fishery. I'd love to, on my bucket list is I want to get back to a place called, place called Loch Mask again, for the Mayfly hatch. Because apparently in May it just goes nuts. And the massive Brown Trout swimming around so that's something I want to do as well so.

Justin Cahill [00:24:05] Yeah for sure. Weipa, Northern Australia. Yeah. You mentioned before, you're headed to Cairns. And obviously as the pinnacle of Queensland goes up Weipa's on the west coast and it's probably, apart from Exmouth in Western Australia, it's probably one of the best flash fisheries in the world. And it's unsung. People don't know about it, which is even better so don't listen okay? Move along. It's incredible fishing you can get the chances of catching massive fish on a fly rod is really cool. And that's on the bucket list without a doubt. From an overseas point of view? Like further afield? I'd love to go down to Louisiana. Chasing the Redfish. You know, you guys have a gotan incredible fishery there. That side casting for those redfish would just be phenomenal. You know? And back when I was younger, I used to be into to rock climbing, not now because obviously I put on the dad weight, but I wanted to go and climb the Alcat in Yosemite, and so there's a couple good rivers that run through there, so it's a place I wanted to go as well. But it'll happen. When I retire. I hope.

Jim Thull [00:25:07] Yeah. No it's, it's a great park. We've got some, we've got a few good, good spots in states. Yeah. Montana ain't too shabby.

Justin Cahill [00:25:16] Yeah. There's a guy I'd actually love to catch up with, a guy called Jack Dennis?

Jim Thull [00:25:20] I know Jack well.

Justin Cahill [00:25:21] Really?

Jim Thull [00:25:22] You bet. Yeah.

Justin Cahill [00:25:22] That Royal Humphrey, I want to thank him personally for that fly. That is just the fly, apart from the Royal Wulff, that is just the quintessential dry fly in New Zealand. Is a, is a Humphrey. It's a fantastic pattern.

Jim Thull [00:25:34] Yeah, I just talked with Jack a few weeks ago.

Justin Cahill [00:25:37] Yeah.

Jim Thull [00:25:38] But he's down in Utah now.

Justin Cahill [00:25:40] Okay.

Jim Thull [00:25:41] You know he gets up to Montana on occasion.

Justin Cahill [00:25:43] Yeah.

Jim Thull [00:25:44] I've interviewed him for this project.

Justin Cahill [00:25:46] Oh, really?

Jim Thull [00:25:46] So yeah, you bet.

Justin Cahill [00:25:47] Yeah actually, it's really sad to hear, the passing of Lefty. That was, yeah. That what that man did for this sport is just. And his whole philosophy and everything was just phenomenal and he's, he was he, back, know you get questions all the time about guys like, you know, "who would you like to have dinner with?" Him and Flip Pallot would be the two guys off the, off the cuff I'd love to sit down and have a beer with. Just to listen to the conversation you know?

Justin Cahill [00:26:15] We're so lucky, we've actually got one of the, from one of the better fly tiers in New Zealand, a guy called Steve Kerr that actually comes in and does a tying on for us every second week. And he's incredible. But you know what? I don't, yeah, fly tying is kind of funny. I think... I think people lose the, just trying to find the right words. They lose the.... When they try to replicate, I think in fly fi- in fly tying is actually a real negative thing? I think, learn, learn your basics of fly tying right? And then just blow, blow 'em out, change the rules, do different things, try different things. I think that's a really unique thing. But there's guys like your Jack Dennis, there's guys like the obviously, Steve and all that sort of thing, where just incredible fly tiers. But, again, not from being in the country for overly long I'm not sort of, mind you would say that, I've got a good friend of mine called Russell Kennedy. Which works at another tackle store that I used to work with in Hamilton. He's an incredible fly tier but not known. There's other guys called, like Peter Carty down at, works at Sporting Life down in Taieri. Which where the Tongariro river is. What an incredible fly tier he is. But it's guys that are not world renowned, it's just people that just do it because they love it. Mind you, would saying that, Pete'll probably kill me because he's actually would renowned so.

Justin Cahill [00:27:39] Just. Go with your heart, and go with your passion. You know? And just, break the rules. Do something totally different. You know what I mean? If you know, someone is telling you from a conformist point of view that you've got to fish this way and you have to fish like that. That's rubbish. Just step out of the box and just have fun and just pick up a fly rod. Because you know what? Catching your next fish on a fly rod is probably gonna be the best moment of your life. You know? And look after the fish really. You know, they're there for a reason. I get it about eating, that's all cool and everything but just, just treat them with the reverence that they deserve you know I mean? Like, wet your hands when you pick up a fish. Don't leave 'em out of the water for too long, you know? And it's not all about about photos, it's not all about getting that big shot and that big fish. It's just about your next fish. Just have fun. That's it, just have fun and enjoy life.