

AVALANCHE AWARENESS
A Question of Balance

"Avalanche Awareness: A Question of Balance" is a half-hour video tape which covers the basic fundamentals of avalanche education. This introductory program is intended for skiers, snowshoers, snowmobilers, mountaineers and all who work or recreate in the mountains. Using live footage, interviews and computer animation, "Avalanche Awareness" presents information on mountain weather, terrain and snowpack, and teaches basic methods for recognizing and avoiding avalanche hazard and techniques for safe winter travel, route-finding and rescue.

"Avalanche Awareness" was written by Betsy R. Armstrong and Knox Williams, authors of "The Avalanche Book" and "The Snowy Torrents: Avalanche Accidents in the United States 1972-1979", Richard Armstrong, Ph.D., research associate, National Snow and Ice Data Center, University of Colorado and Chuck Tolton, avalanche advisor to National Ski Patrol and patrol director, Copper Mountain Resort, Colorado.

The video was produced in cooperation with the National Ski Areas Association, endorsed by the U.S. Forest Service, and sponsored by the American Association of Avalanche Professionals and the Colorado Mountain Club Foundation.

Produced by Alliance Communications, 3250 Sacramento Street, San Francisco, CA 94115, this VHS video is also available in 3/4" videotape and 16mm film.